Twitter Thread by Ramses Oudt

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Everyone should be a lifelong learner.

We stagnate when we're okay with the status quo. But by spotting areas for improvement, we can thrive and live a life worth living.

■ My top five reasons to keep learning.

Always be learning

Learning doesn't stop when you leave school. If you want to thrive in life, you should always be learning. Once you embrace learning as a part of your life, the world becomes a playground full of possibilities.

Five reasons everyone should be a lifelong learner:

Reason 1: Learning is fun
Learning allows adults to be playful like kids. Following our curiosity and learning something new, we get little hits of dopamine — the neurotransmitter associated with rewards. Learning is natural, but it gets shrouded in seriousness the older we get. Make learning fun to keep it sustainable.

Reason 2: Learning creates possibilities
Most modern jobs rely on specialized knowledge, but that knowledge is changing fast. Companies look for people who can learn new skills quickly, and increasingly pick them over people with established credentials. If you can proof you can learn something, you'll have a job.

Reason 3: Learning clarifies thinking
Everyone has blindspots and illusions of knowing. Until you expose yourself to new ideas, you won't know if your current ideas hold up to scrutiny. Learning allows you to discover unconventional secrets and increase your resolution of reality.

Reason 4: Learning changes reality
Seeing reality sharper changes your perspective. Through learning, you become increasingly open to other people and their ideas. You'll see how everything is connected and that absolute knowing is impossible. By understanding reality better, the world becomes a place of possibility.

Reason 5: Learning is human
All animals learn in some way, but only us humans can *decide* to learn. You can influence your fate and live a life worth living. Even if your current situation looks glum, you can learn to change it.

Keep these reasons in mind and spot when you stagnate in your life. See where you can improve, and keep learning.

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