

Twitter Thread by ████████████████████



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Ayaat from the Quran that uplift me when I'm down [Thread]

What really helps me sleep at night when I don't feel well is reciting surah kafirun before sleeping. Protection from shirk gives me peace of mind, as it should for a muslim. Alhamdulillah

Another thing that gave me peace of mind and ease at heart was reciting these 3 chapters of the Quran. The sunnah is beautiful wAllahi.

Suratul Baqarah in general but this verse in particular because it's a reminder that whatever we go through, it's not more than what we can bear and that patience and faith in Allah will give us victory, bi idhnillah

Suratul Hadid in general but these 2 verses in particular because it reminds me of the greatness of Allah and that Allah is still the nearest to us. Brings my attention to Allah's unlimited abilities and that goodness can only be sought from the aide of Allah. Allahu Akbar

Suratul Insan but specifically this verse because it reminds me of the bounty that Allah has promised us if we're obedient. Gives me the motivation to keep going, alhamdulillah

Suratuz Zumar but this verse especially because the verse reminds us that Allah forgives all our sins as long as we are repentant. Allahu Akbar

Suratur Rahman has recently helped me the most, especially these 3 verses. SubhanAllah, it reminds you of how negligent we are. may Allah forgive us and remove the diseases of our hearts. ameen

Suratush Sharh, especially these 2 verses. Constant reminder that we'll find ease eventually if not right away.

Wake up call, whatever hardship we face is nothing compared to the hereafter if we don't fix up. Surprisingly, that's a motivation when I'm down, it might not be the same for everyone else though. wAllahu A'lam <https://t.co/pkmzdmH0Cu>

If suratul Haqqah doesn't wake you up, then only Allah knows what will [pic.twitter.com/GcdQ5gpO4H](https://t.co/pkmzdmH0Cu)

— \u0645\u0648\u062f\u0651\u062f \u0627\u0644\u0627\u0643\u0627\u0648\u064a (@HanafiAthari) January 4, 2021

Please feel free to add your own ayaat to this thread. The Quran is the best remedy for us so let's rely upon it as much as possible, as opposed to worldly (limited) solutions. barakAllahu feekum