

Twitter Thread by Infinitions | Pearls of Wisdom

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@Infinitions1



28 sentences that'll teach you more about human psychology than a 4 year psychology degree:

You don't value enough what you already have.

You cannot have thoughts without using any language.

Your 1 negative thought is as powerful as 5 positive thoughts.

You can change your past by changing the underlying meaning of those memories.

You either die a hypocrite or live long enough to see yourself become a hypocrite.

You don't smile because you are happy, you become happy because you smile.

The smarter you get, the smaller your group becomes.

The more sarcastic you are, the more healthy your mind is.

The only way to beat anxiety is to face it ASAP.

Name, fame, money, and power don't spoil you, they only reveal who you are.

Your fear of embarrassing yourself is the biggest hurdle to your growth.

The more lonely you are, the more addicted you'd be to social media.

You are not really depressed, your lifestyle sucks.

The best way to calm your mind is to 'write it' down.

The more empty your mind, the faster it gets. The more cluttered your mind, the slower it gets.

NOT having any expectations in life is a pretty big expectation in itself.

You don't suck in time management, you just don't know how valuable it is.

The more you try to run away from negative thoughts, the more they will pester you.

The more you restrain someone, the more they will revolt.

The smarter you are, the more you doubt yourself.

If you are getting jealous of others, you are not working hard enough.

The more available you are, the less respected you'd be.

If you ever feel overwhelmed, go to open spaces.

You don't need more 'productivity hacks', you just need a burning reason to do it.

You become unstoppable if you actually stop relying on other people to get things done.

Your willpower can't outdo your biology. (Eg: try using your willpower to hold your breath for 3min.)

You stick it to others when they are wrong but defend yourself when you are wrong.

The more powerful you become, the less you understand other people's emotions.

If you want to learn more about the human psychology,

Start reading 100 Mental Models.

Every rich and smart person on the planet, be it Elon Musk, Naval Ravikant, Jeff Bezos, or Warren Buffet,

Extensively use them.

And so should you:

<https://t.co/IIIXIBEZd2B>

Before you bounce off,

Join my FREE Telegram group: <https://t.co/FWsJJ115l>

Also, grab my FREE ebook on how you can make the most of your mind by decluttering it:

<https://t.co/fzYxDovS9O>

If you liked the thread, follow me [@Infinitians1](#) for more such insightful content.

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<https://t.co/LjVvibforp>

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— Infinitians | Pearls of Wisdom (@Infinitians1) [April 24, 2022](#)

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