Twitter Thread by BiasModification





10 Biases That You Need To Understand

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1. Anchoring bias

This is when you base all your decisions on the first information you receive

If I told you my service was \$1000

Then you came back a week later and I said \$500 you would think you were getting a deal
You can use this to sell your product to anyone
2. Availability heuristic bias
You overestimate the importance of the mainstream media
People make decisions based more on stories and news than real information
If people see there is a problem with public school
Then they will start homeschooling their children
3. Bandwagon bias
You will believe something not because of what you believe but because you want to be part of the majority
This is dangerous
Avoid groupthink and speak up in situations where you feel pressured to agree with everyone else
4. Choice supportive bias
You have the tendency to defend something just because you chose it
Think about IPhone users
They only see the good and avoid the negative sides
If you avoid this you can use it as an advantage to those who can't
Don't be a consumer, be a creator
5. Confirmation bias
You never look for both sides of a situation
If you believe that all ice cream is bad
You will only research for what supports your point
This leaves you looking ignorant
Try this instead,
Make sure you firm up your argument by getting both sides of the facts

When you go into a debate knowing the whole picture will put you in position to win
Start doing this today,
It will pay off in the long run
6. Ostrich bias
This is when you only consider the positive information and ignoring the negative information
Let's say you are a smoker
You may ignore the negative side effects because you want the positive ones
This can be deadly
The same is only seeing the positive side of other decisions
It can lead to a lot of disappointment if you don't avoid it
Don't be ignorant, take everything into account
Take your head out of the sand
7. Outcome Bias
This is when you decide only off outcomes
Let's say you made a decision based on your gut, and you are right
Then you start making all your decisions based on your gut
This will end in extreme failure
Pay attention to all the details and then make your choice
8. Placebo bias
When you believe something will happen it will actually happen
This has been proven time and time again
The way you think is important
So, what does that mean

This bias can be used to your advantage if you just remember this:
Positive thoughts lead to positive outcomes
Control what you are consuming and make sure you surround yourself with
It all matters.
9. Survivorship bias
This is when you judge something based completely on surviving information
For example, 5 ways to become a millionaire
We all know that millions have failed on this path
But we take these 5 ways and think they will work for us
Why?
Because we see only the survivors
Avoid falling for this sales tactic from now on
Every path is unique and different, you have to be willing to take your own journey
You'll be better off with this mindset shift
10. Blind spot bias
What if I asked you,
How bias are you?
You would probably say not as much as other people
This is when you are bias about being bias
How do you avoid this?
The best way to avoid this is realizing we all have some sort of bias
Once you admit that, you can overcome any bias you encounter, I promise
Your path to success requires you to understand and use bias to your advantage

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