Twitter Thread by **Sunil Sawhney**





#SundayMotivation

I read yesterday about the #PowerOfBlessings and felt it was #TooGoodNotToShare

Do you #BlessOrCurse?

When something goes wrong do you bless it or curse it?

Our natural reactions often lead us towards the negative, but that will only breed more negativity.

Catherine Ponder in her book, _'The Prosperity Secrets of the Ages', talks about blessing people and the situation. It is a very powerful tool and brings instant success manifold. It is a very simple way to say a positive prayer for someone or something.

One of Catherine Ponder's favourites is "I bless you, and bless you for the goodness of God that is within you."

You can #CreateYourOwnBlessings

When you are sending positive thoughts and vibrations towards a person they are much more likely to respond in kind.

It always has much better results than cursing them

When to use blessings?

1. Anytime when you are angry at someone or can't seem to settle a disagreement with them.

In Catherine's book, she cites several examples of people being paid debts owed to them once they blessed the debtor and saw them as prosperous and able to pay.

- 2. Any part of your body that experiences pain or illness can be blessed. U can bless yourself & your own emotions too.
- 3.A boss or co-worker who makes work life difficult may stop harassing you, once you have blessed them &the situation
- 4.Always bless your bills & your creditors & thank them for the service they provide. Once you start doing that, you will always have the money to pay them on time
- 5. Bless your travel plans and see them going smoothly.
- 6. Bless your taxes and politicians. Politicians need to be blessed with the wisdom to make the best decisions for all who they serve. Blessing them will help much more than complaining about them.
- 7. Bless strangers you meet in the store. You can do this inside your head often as you shop.
- 8. Bless your relationships with your family, friends and significant others. Bless them when you feel they've hurt you.

Relationships heal quickly after you stop worrying about the "wrong" someone had committed against you and begin blessing them.

You can bless any situation and if the act of blessing shifts how you feel about it, the changes it creates can seem magical.

The Forgiving State of Mind is a magnetic power for attractive good.

Emmet Fox said:

"Bless a thing and it will bless you.

Curse a thing and it will curse you.

If you put your condemnation upon anything in life, it will hit back at you and hurt you.

If you bless a situation, it has no power to hurt you and even if it is troublesome for sometime, it will gradually fade out, if you sincerely bless it."

Always remember that happy people are not mean or rude, so send your blessings to those who treat others cruelly.

If they turn happy, they will change their behavior and everyone benefit. Even if things don't suddenly shift with the person or situation being blessed, you will surely feel better once you have blessed them.

If you could only love enough, you could be the most powerful person in the world-Emmet Fox

May #GodBlessYou for reading the above. If you truly find the read engaging please do retweet and #ShareTheBlessings with your loved ones

This #Sunday please #CreateYourOwnBlessings ■■