

Twitter Thread by ConquerMindsetMoney | Self Mastery



ConquerMindsetMoney | Self Mastery

@TheConquerMM



10 must-read books in your 20s & 30s:

1.

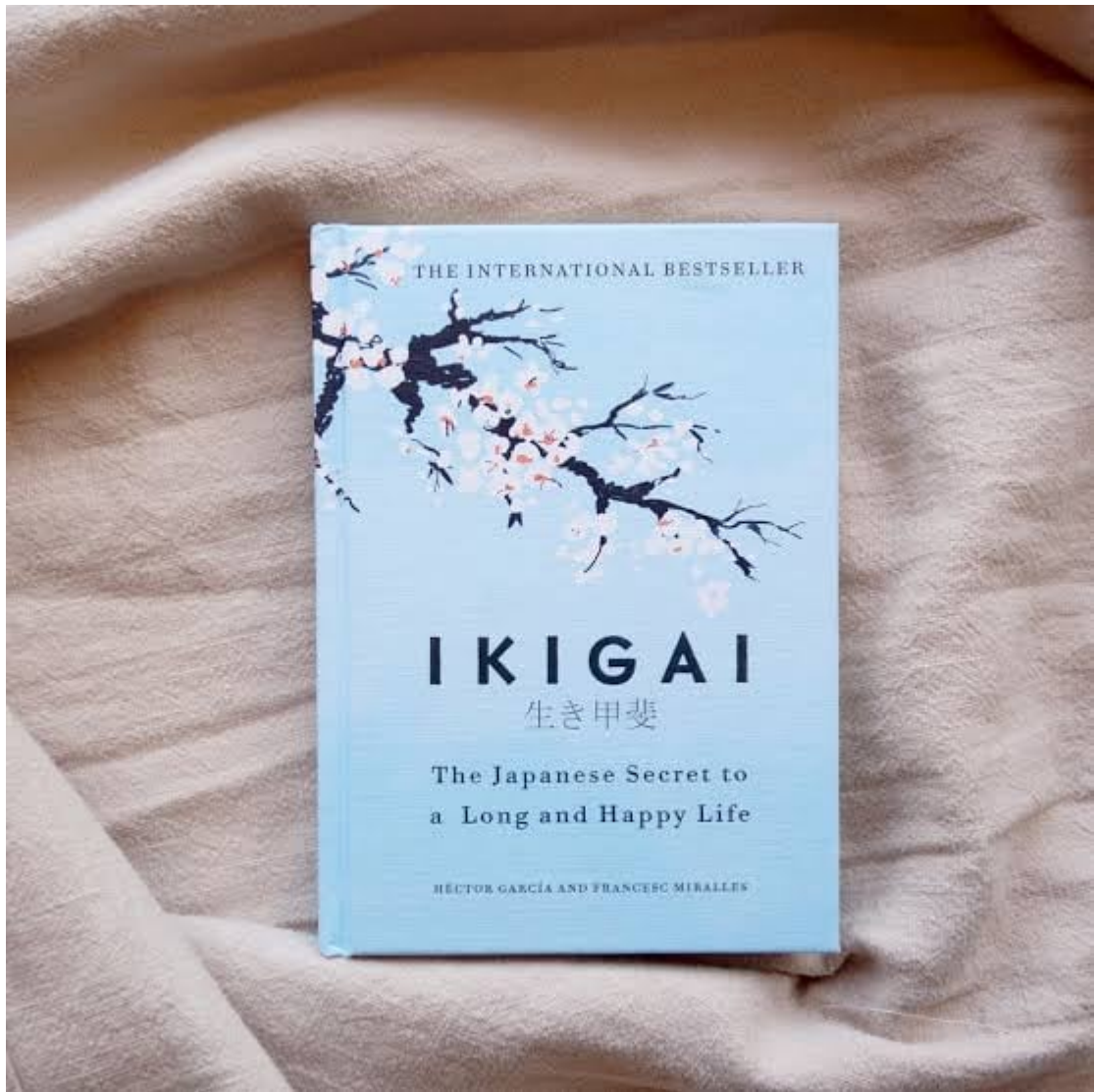
THE SUBTLE ART OF NOT GIVING A F*CK

New York
Times
and
Globe and Mail
Bestseller

A COUNTERINTUITIVE APPROACH
TO LIVING A GOOD LIFE

MARK MANSON





3.

#1 NEW YORK TIMES BESTSELLER

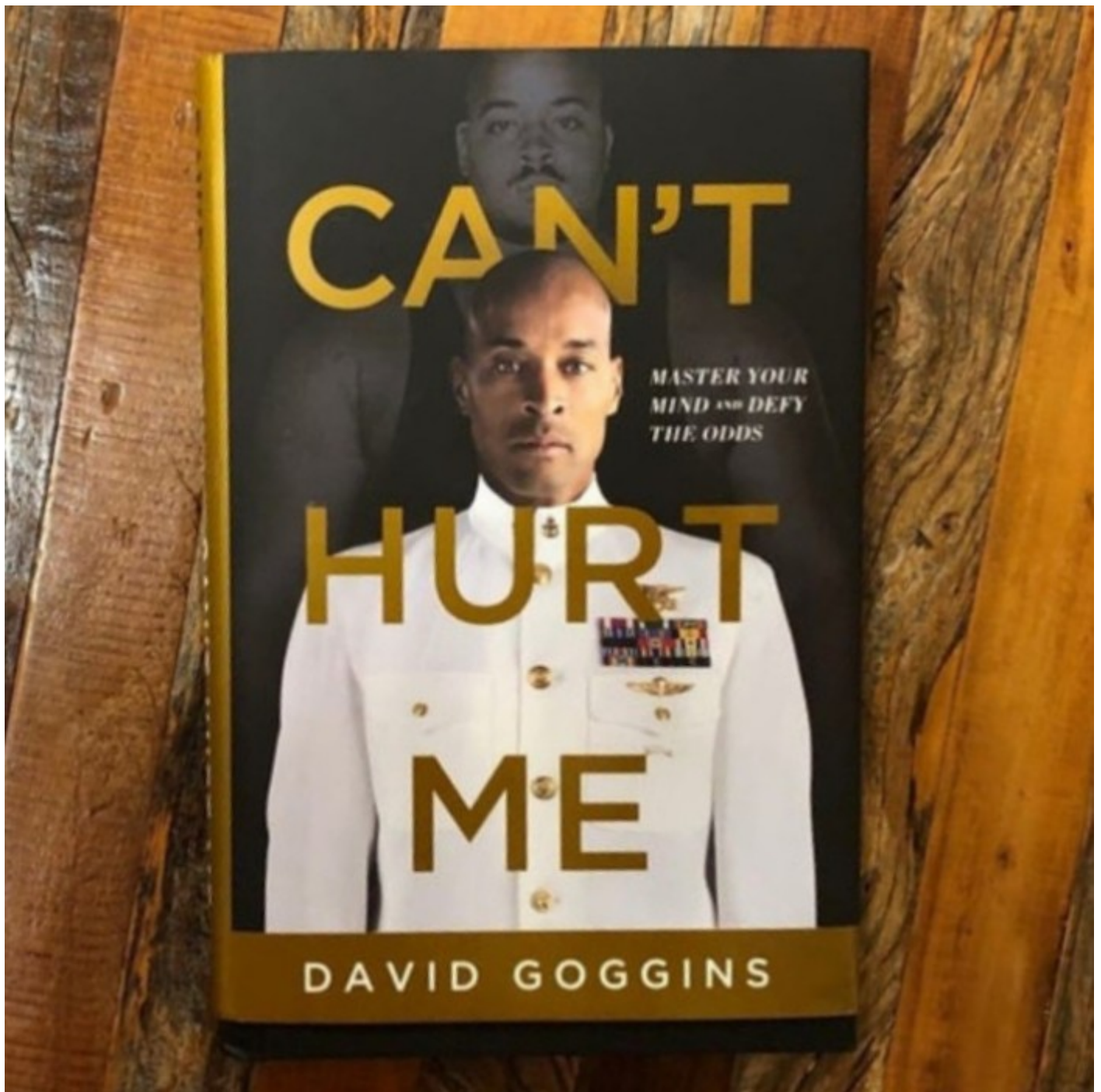
**Tiny Changes,
Remarkable Results**

Atomic Habits

An Easy & Proven Way
to Build Good Habits
& Break Bad Ones



James Clear



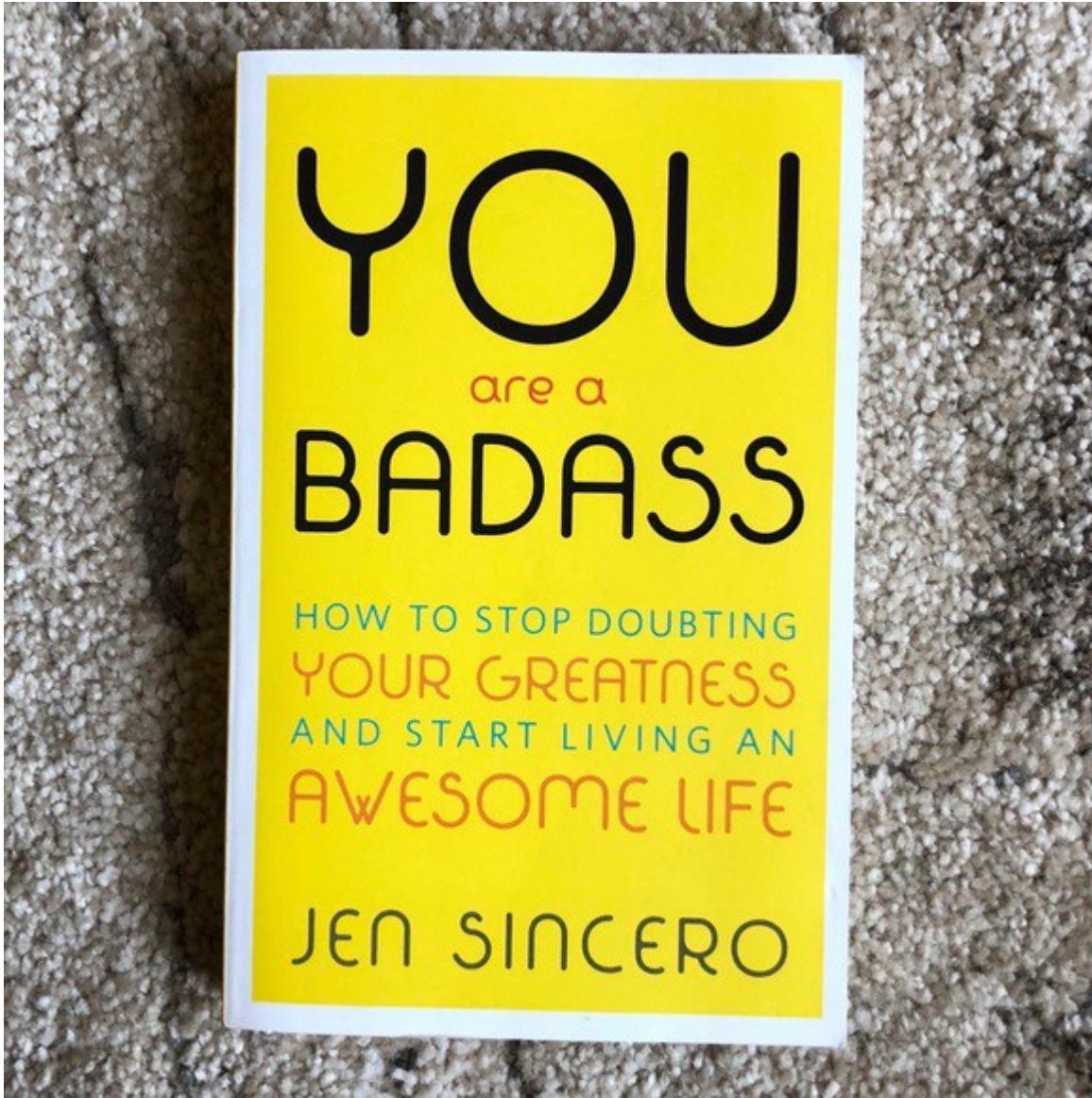
DECLUTTER YOUR MIND



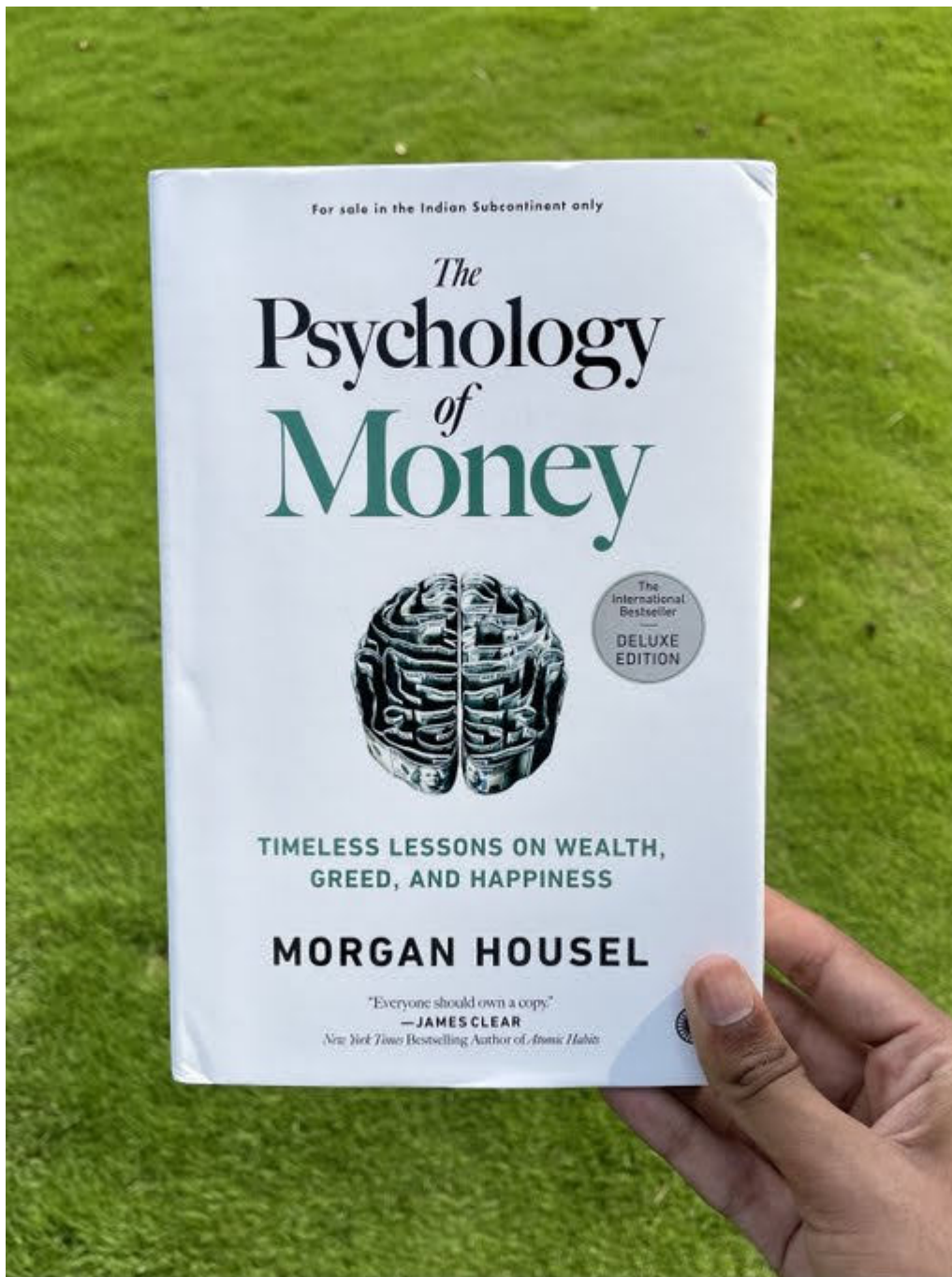
HOW TO STOP WORRYING,
RELIEVE ANXIETY, AND ELIMINATE
NEGATIVE THINKING

S.J. SCOTT
BARRIE DAVENPORT

6.



7.



'Re-read it each year. It's that important'
Derek Sivers, author of *Anything You Want*

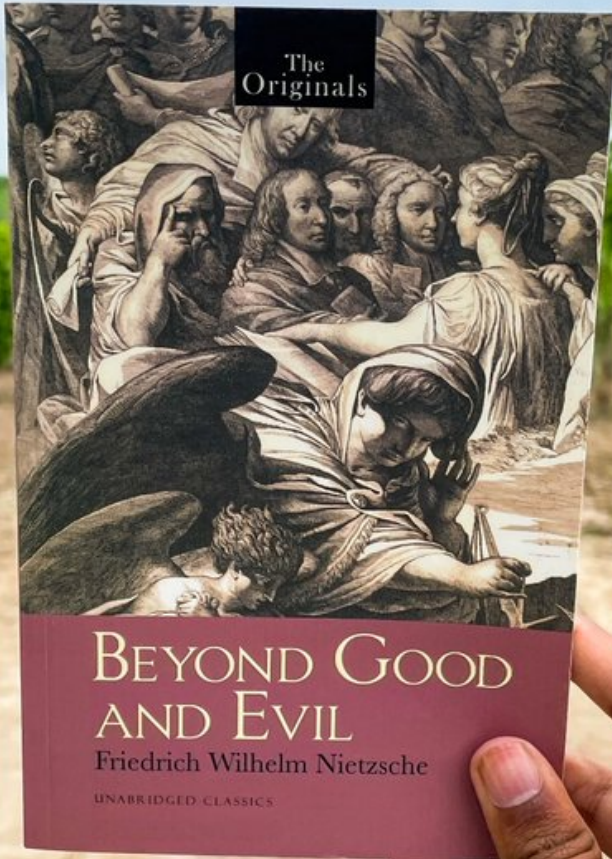
EGO IS THE ENEMY

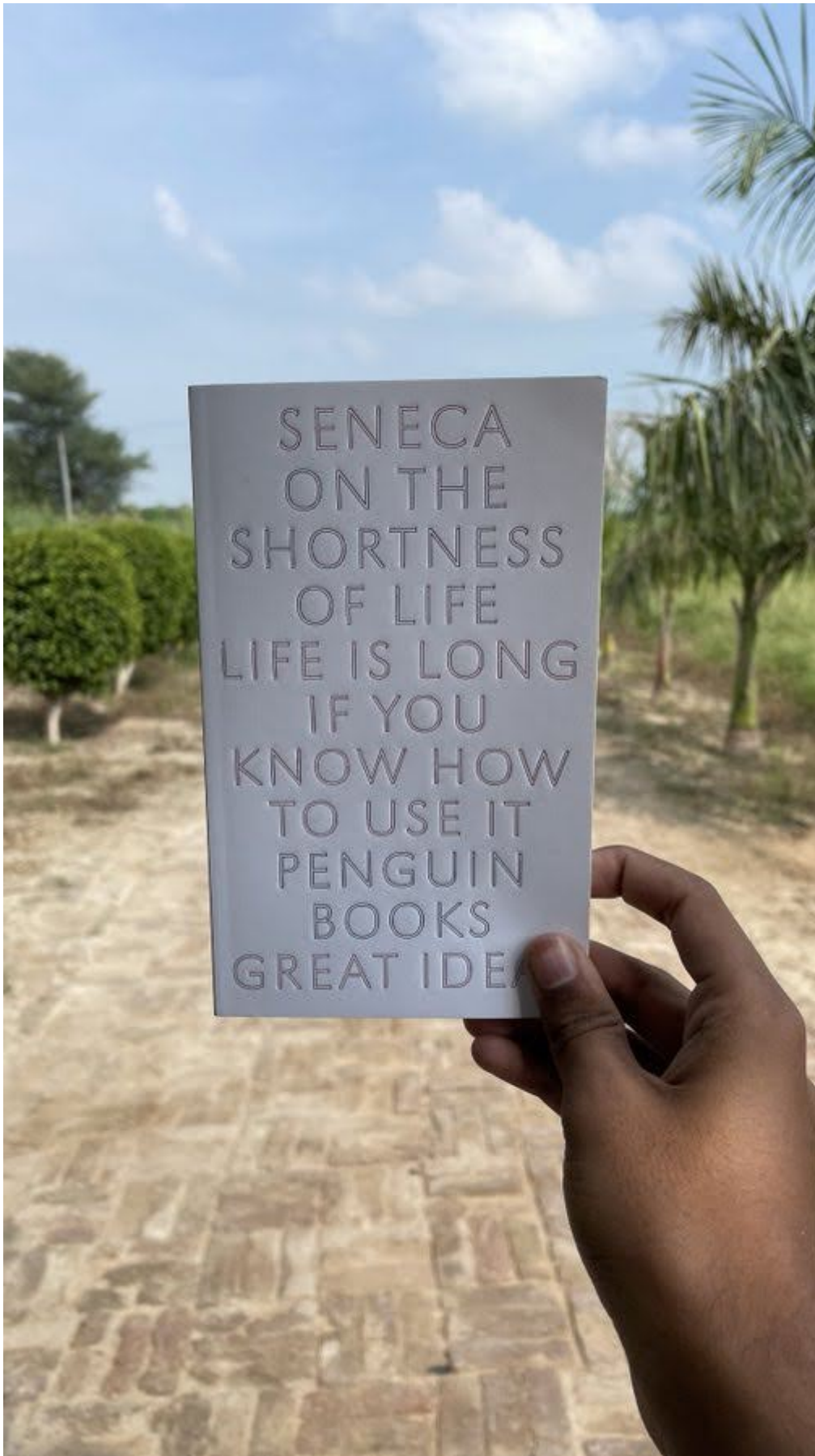


**The Fight to Master
Our Greatest Opponent**

RYAN HOLIDAY

AUTHOR OF THE #1 NEW YORK TIMES BESTSELLER, *STILLNESS IS THE KEY*





Work on your mental models in your 20s to:

- Make better decisions
- Excel at everything
- Live a happy life
- Become highly successful
- Become a better individual

Even people like Elon Musk & Naval use Mental Models.

Grab your copy & read it now:

<https://t.co/BgrSHUjsR8>