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### JUST IN

**"Our healthcare system is at a breaking point."**

**[@MuhyiddinYassin](#)**

JUST IN

The government has decided to implement a Movement Control Order (MCO) for 14 days from 12.01am, 13 January 2021.

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The states under MCO are Penang, Selangor, Melaka, Johor, Sabah and the Federal Territories (KL, Putrajaya, Labuan)

"Social activities that involve large gatherings are not allowed."

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"Interstate travel is not allowed nationwide."

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Only 2 people from the same household are allowed to leave the house at any one time.

They will be limited to a 10km radius to buy necessities.

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Non-essential services to work from home.

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Dine-in at restaurants and eateries in states under MCO are not allowed.

Only takeaways or deliveries will be permitted.

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Students and examination candidates are allowed to attend school under strict observation of SOPs.

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"To ensure mental and physical health, you are allowed to leave your house for recreational activities, with one other member of your household only."

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