Twitter Thread by Frédéric Leroy



Frédéric Leroy
@fleroy1974

THREAD 4

#ALEPH2020:

#ALEPH2020: humans are physiologically adapted to animal source foods

https://t.co/LeM5zGov9h

#ALEPH2020: Nutrients are not always easily obtained from plants only

https://t.co/XeTBtrxPX9

#ALEPH2020: special needs of vulnerable populations are met with animal source foods

https://t.co/iItkjGrJu5

#ALEPH2020: restricting animal source foods may put the young at risk

https://t.co/cw4vjVlz4f

#ALEPH2020: animal source foods - the health controversy

https://t.co/BdZouGKoju

#ALEPH2020: observational evidence does not necessarily imply causation

https://t.co/FN6CDHyfBL

#ALEPH2020: intervention studies have not shown clear detrimental effects

https://t.co/JVC0jb3FY4

#ALEPH2020: biochemical mechanisms are unconvincing

https://t.co/xcOE6azXrM

#ALEPH2020: redefining healthy diets

https://t.co/ZDUIfnWXgf

To the meta-thread ■■

https://t.co/LGtbXl7u9w

> \U0001f447\U0001f447\U0001f447 META-THREAD \U0001f447\U0001f447\U0001f447#ALEPH2020: animal source foods in ethical, sustainable & healthy diets
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>
> — Fr\xe9d\xe9ric Leroy (@fleroy1974) January 5, 2021