Twitter Thread by Eric Laurie





Out of Possession • High Block Principles

- •High backline
- Pressing traps
- Pressing triggers
- Sideline as extra defender
- •Initial engagement zone

Note: As always, this is all based on personal preference, & is very subjective. Many teams will have completely different principles and determining factors for player actions in each phase, there is no right or wrong. All feedback on this design & shares are really appreciated!