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<https://t.co/sssXW163w>

The Framework Handbook

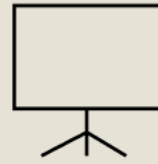
by Sahil Bloom



The Feynman Technique



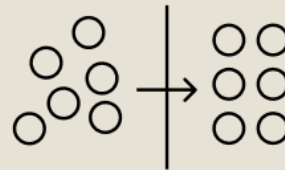
**Identify
the topic.**



**Try to explain
it to a 5 year old.**



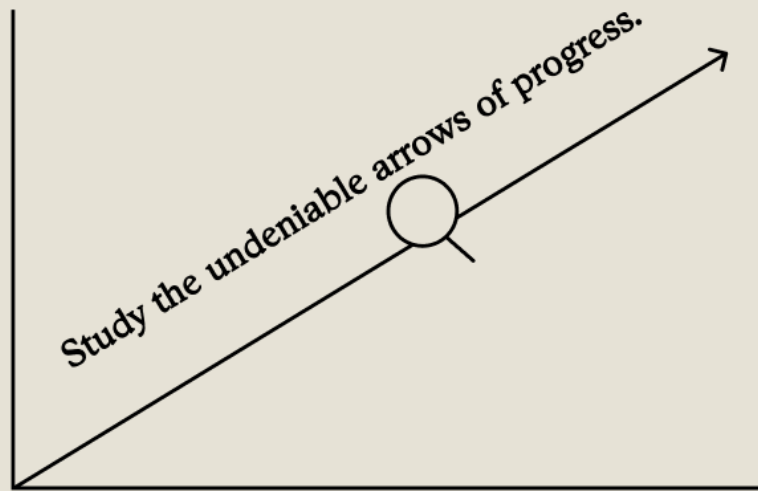
**Study to fill in
knowledge gaps.**



**Organize, convey
and review.**

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Directional Arrow of Progress



The future is extremely difficult to predict—but there are clues.


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The Eisenhower Decision Matrix


	Urgent	Not Urgent
Important	Do	Decide
Not Important	Delegate	Delete


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The Regret Minimization Framework

Project yourself into the future. 

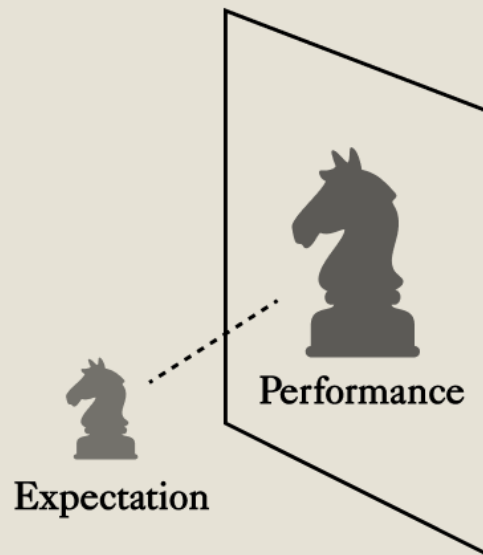
Look back on the decision. 

Ask “Will I regret not doing this” 

Take Action. 

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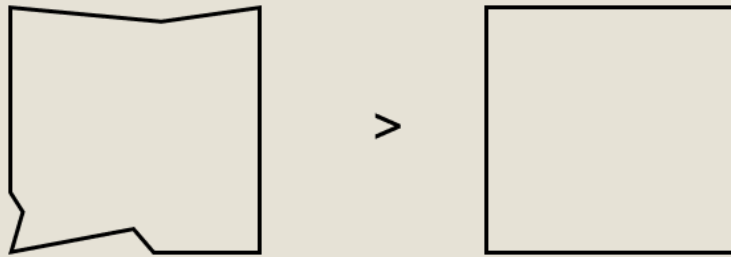
Pygmalion Effect



If you consistently see people as their highest potential, they will achieve more.

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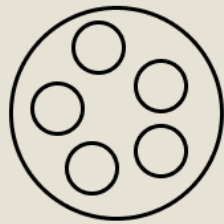
The Taleb "Look the Part" Framework



If forced to choose between two options of seemingly equal merit, choose the one that doesn't look the part.

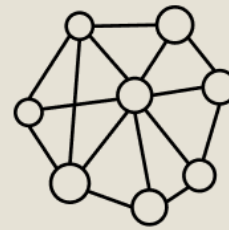
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Decentralized Friend Groups



Centralized Friend Groups

one cluster of friends with shared backgrounds and beliefs.



Decentralized Friend Groups

small clusters of friends unconnected to each other.

When in doubt, opt for decentralized friend groups.

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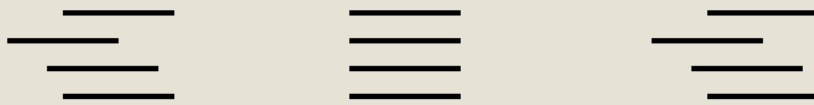
The Bragging Framework



**Truly successful people rarely feel
the need to boast about their success.**

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The Naval Lion Framework

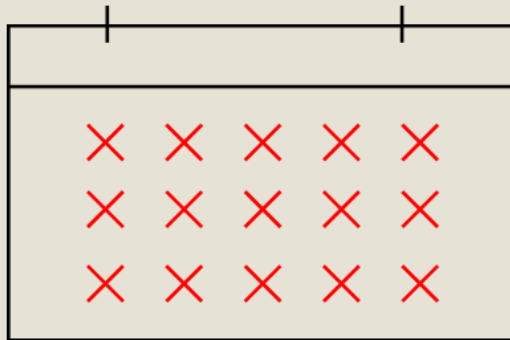


To do truly great, creative work, you have to be a lion.

Sprint when inspired. Rest. Repeat.

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The Seinfeld Calendar Framework

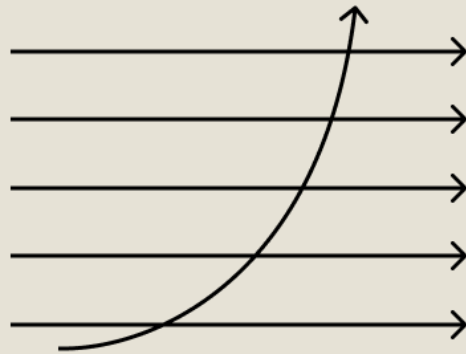


He would hang a huge calendar on the wall and use a red marker to put an X over every day that he completed his daily writing habit.

Consistency over quality.

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Disruptive Innovation Framework



New innovation may take root by providing a simple solution to a segment of a market that is under or over-served by incumbents.

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Skin in the Game

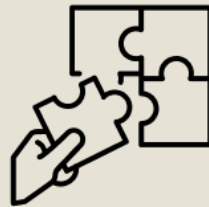


Skin in the game means that the key principals participate in both the upside and downside associated with any decisions.

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Play to Learn

Old Way: Learn to Play
New Way: Play to Learn



If you're trying to learn anything
new, insert yourself into the game.

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The Weekend Test



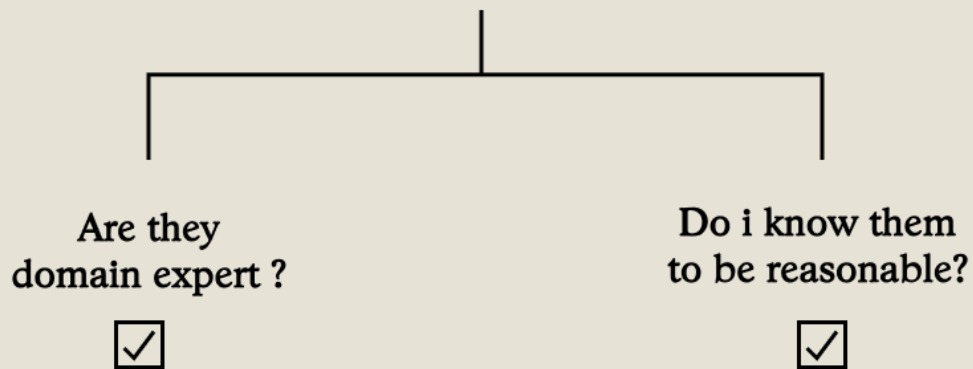
Observe the weekend projects of the smartest people in your circles. Odds are those will become a key part of our future.

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<https://t.co/JnH7wCLPaB>

The Paul Graham Crazy Idea Framework

If someone proposes a crazy idea:



If yes on both you should take the idea seriously.

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The Duck Test



**If it looks like a duck, swims like a duck,
and quacks like a duck, it's probably a duck.**

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Newton's Flaming Laser Sword



**If something cannot be settled by experiment
or observation, it is not worth debating.**

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"What Will Stay the Same?" Framework



The future is hard to predict, so looking for constants you can deliver against may provide a cleaner path to success.

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