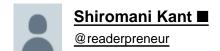
Twitter Thread by **Shiromani Kant** ■





15 quotes to hit your ego from the book EGO IS THE ENEMY:

- 1. Wherever you are, whatever you're doing, your worst enemy already lives inside you; your ego.
- 2. The ego we see most commonly goes by a more casual definition: an unhealthy belief in our own importance. Arrogance. Self-centered ambition.
- 3. Ego is when the notion of ourselves and the world grows so inflated that it begins to distort the reality that surrounds us.
- 4. We will learn that though we think big, we must act and live small in order to accomplish what we seek.
- 5. Although we share with many others a vision for greatness, we understand that our path toward it is very different from theirs.
- 6. Almost universally, the kind of performance we give on social media is positive. It's more "Let me tell you how well things are going. Look how great I am" It's rarely the truth: I'm scared, I'm struggling. I don't know.
- 7. Doing great work is a struggle. It's draining, it's demoralizing, it's firefighting not always, but it can feel that way when we're deep in the middle of it.
- 8. The only relationship between work and chatter/talk is that one kills the other.
- 9. Being promoted doesn't necessarily mean you're doing good work and it doesn't mean you are worthy of promotion (they call it failing upward in such bureaucracies).
- 10. It is impossible to learn that which one thinks one already knows," Epictetus says. "You can't learn if you think you already know.
- 11. Clear the path for the people above you and you will eventually create a path for yourself.

12. Those who have subdued their ego understand that it doesn't degrade you when others treat you poorly; it degrades them.
13. You need only to care about your career to understand that pride – even in real accomplishments- is a distraction and a deluder.
14. Pride blunts the very instrument we need to own in order to succeed; our mind. Our ability to learn, to adapt, to be flexible, to build relationships, all of this is dulled by pride.
15. Ego is a wicked sister of success.
I hope you liked reading it.
Here's another thread you might like:

https://t.co/BZCScXkheo

15 quotes to help you STEAL LIKE AN ARTIST: pic.twitter.com/VRHPwYXDZW

— Shiromani Kant \u26a1 (@readerpreneur) May 12, 2022