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**Universal Mind**

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## 10 MUST-READ Quotes From the Book: "12 Rules for Life"

By Jordan Peterson

### \\ Thread //

1. "When you have something to say, silence is a lie."
2. "And if you think tough men are dangerous, wait until you see what weak men are capable of."
3. "You can only find out what you actually believe (rather than what you think you believe) by watching how you act. You simply don't know what you believe, before that. You are too complex to understand yourself."
4. "The successful among us delay gratification. The successful among us bargain with the future."
5. "Perhaps you are overvaluing what you don't have and undervaluing what you do."
6. "It took untold generations to get you where you are. A little gratitude might be in order. If you're going to insist on bending the world to your way, you better have your reasons."
7. "Compare yourself to who you were yesterday, not to who someone else is today."
8. "To suffer terribly and to know yourself as the cause: that is Hell."
9. "Nietzsche said that a man's worth was determined by how much truth he could tolerate"
- 10 "Don't underestimate the power of vision and direction. These are irresistible forces, able to transform what might appear to be unconquerable obstacles into traversable pathways and expanding opportunities. Strengthen the individual. Start with yourself.

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-This account is dedicated to those who are hungry for a better life.

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