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Upcoming Full Moon!!

When: August 22

Where: 6° Aquarius (dhanishta)

Significance:

This fullmoon will be conjunct Jupiter opposite Leo Sun, Mars & Mercury.

There is wisdom in the air. Asking us to keep forging ahead on our path with clarity and hope.

Time to express gratitude.

Mars & Mercury's opposition to this full moon Jupiter conjunction can not only help you perceive information regarding your emotional baggage, also help you cut ties with any cords which are no longer serving your higher purpose.

Full Moon ritual for releasing unwanted energy one can try:

Take out time to write down the fears or negative thoughts which are hampering your mental and emotional well-being.

Go see the fullmoon, express gratitude, say your prayer and then discard that paper (burn it).