

## Twitter Thread by Twinkle



**Twinkle**

[@veda\\_padma](#)



**Writing the name of your ishta 108 times every day with red ink is so underrated yet a very effective way to connect with him/her. Our grandparents used to do these simple things to stay connected .**

**#Sanatan**



Pics credit - <https://t.co/DZHHkFTLFH>