

## Twitter Thread by Clint Nolan ■■■■

Clint Nolan ■■■■

[@Clintism](#)



54 days ago I had 12 followers.

Today I'm at 700+! ■

I'm like you. . . I live a busy life.

And since I don't have time to be on Twitter all day, I've had to figure out how it all fits.

I'm still learning, but here's what I've learned so far... ■

# Followers

# 704



Cumulative

Daily



How to fit the bird app into your busy life:

- Own your attention
- Schedule tweets
- Write for quality
- 2 tweets / day
- 1 thread / wk
- Engage for 2x25mins / day

Simple— don't complicate this.

How to engage:

- Forget the algorithm
- Don't apologize for being yourself

- Have fun
- Make friends
- Answer questions
- Ignore whiner-babies
- Block a-holes

<https://t.co/DtxYJSKZva>

Blocked someone today.

First time for everything, I guess.

Why?

Because some folks don't play nice.

And since I'm big on guarding attention,

My intention on here is to give mine to high quality peeps.

There's no upside to putting up with fools.

Instablock.

— Clint Nolan \U0001f9d9\u200d\u2642\u20e0 (@Clintism) [November 16, 2022](#)

On writing your tweets:

- Don't force a tweet
- Don't tweet when tired
- Edit ruthlessly
- If you're unsure about a tweet, sleep on it (it's probably crap)
- Read a lot— reading is tweet fuel.
- Write down your ideas... YOU WILL NOT REMEMBER THEM

<https://t.co/2LI2RgZyCc>

\u201cThe faintest ink is stronger than the strongest memory.\u201d ~ Chinese Proverb

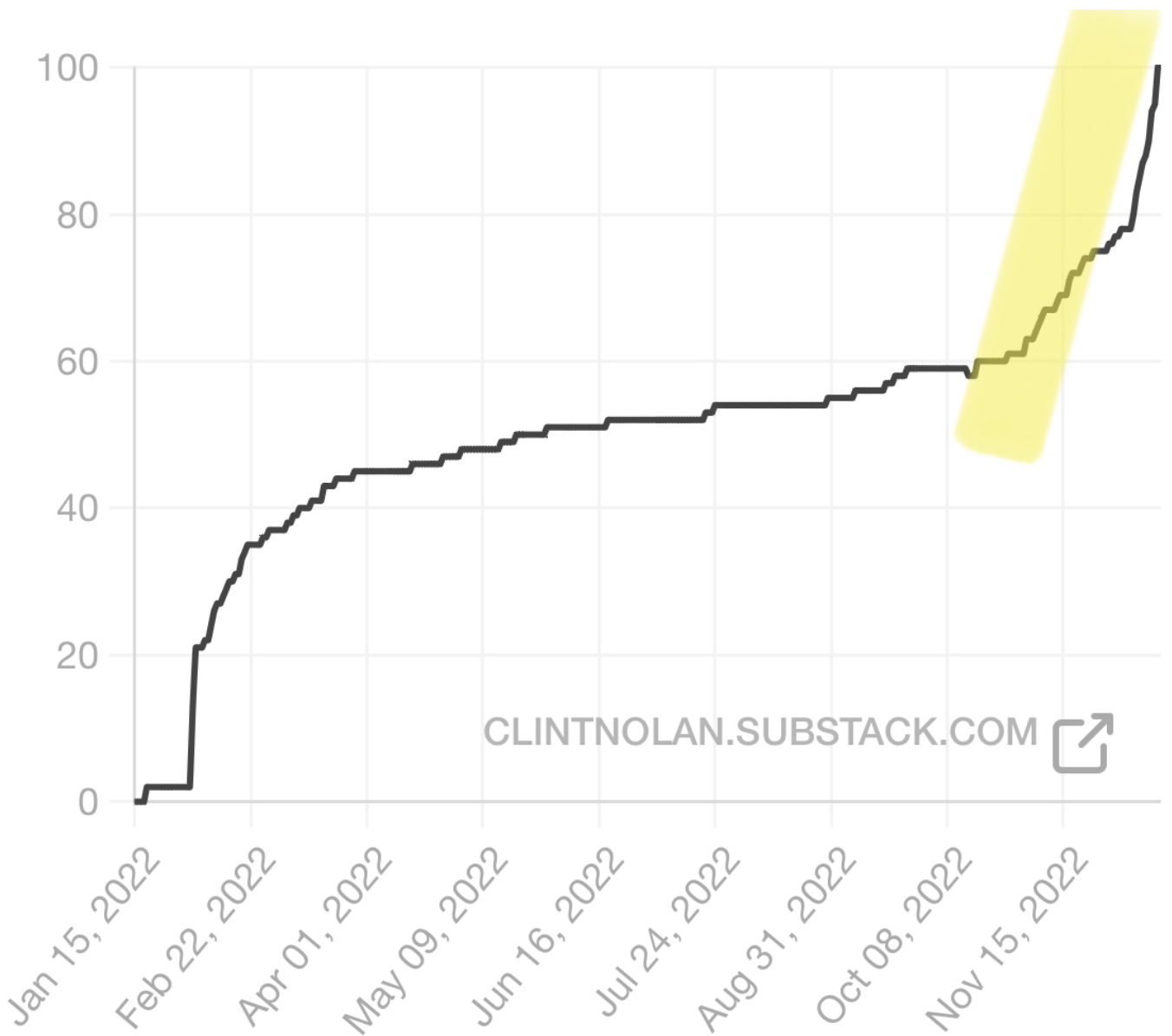
Write it down. <https://t.co/GiYu7DVpHT>

— Clint Nolan \U0001f9d9\u200d\u2642\u20e0 (@Clintism) [November 29, 2022](#)

On nuance:

- The Tweet format isn't great for nuanced thought.
- Say what you're going to say, then discuss it.
- Your newsletter is the place where you can express your thoughts in all their nuanced splendor.

Speaking of which, my newsletter is going crazy!



Here's what you get when you follow me:

Actionable insights ■■

... about bending reality, philosophy, and growth

Peaceful productivity tips ■■■■

... from a guy who wrote a book about it

The Inner Game ■

... so you can master the toolset in your mind

If you enjoyed this thread, please:

1. Follow me (@Clintism) for more
2. Retweet the 1st tweet below to share this thread <https://t.co/Yj7aSv293B>

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— Clint Nolan 📺📺📺📺📺 (@Clintism) [December 18, 2022](#)