

## Twitter Thread by [Vertigo\\_Warrior](#)

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[@VertigoWarrior](#)



**Ramayan is not a "myth". It is our history**

**Here are a few evidences of Ramayan put forth by researchers & scholars #Thread**

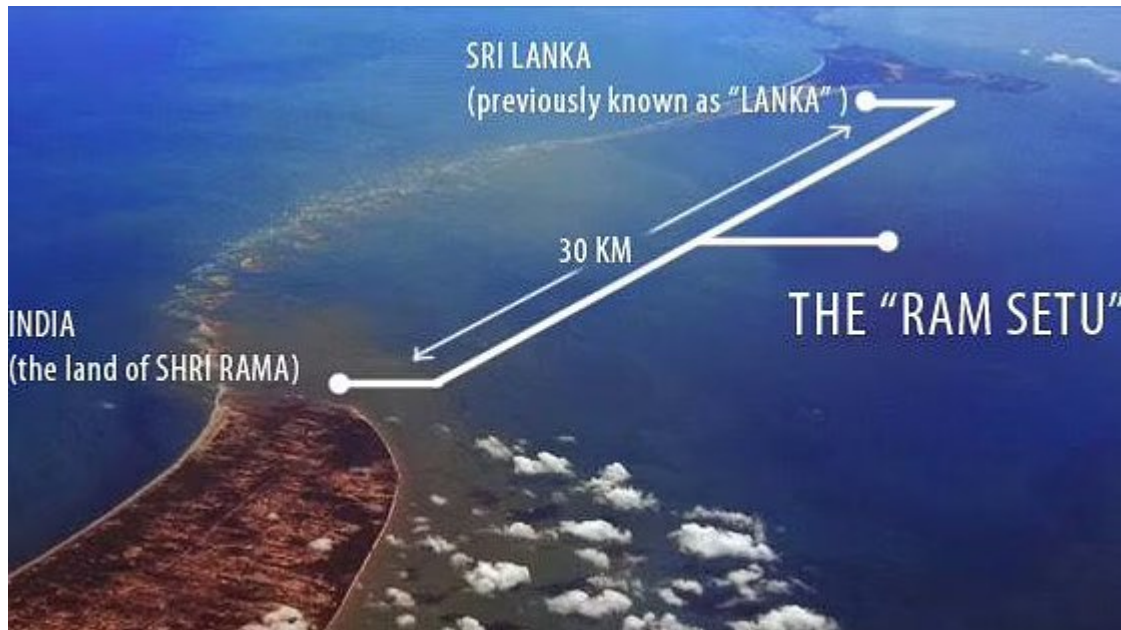


Ram Setu

Dhanushkodi is believed to be the site where Bhagwan Ram asked Vaanar Sena to build a bridge which could carry his

army across to Lanka.

NASA images and presence of floating stones in the area are compelling pointers to the historical existence of Ram Setu bridge



Bhagwan Hanuman footprints

Researchers believe that there are physical traces of Hanuman ji's presence in the form of giant footprints etched in stone.

The footprints believed to be his are spread across regions spanning from Andhra Pradesh to Sri Lanka and throughout Asia.



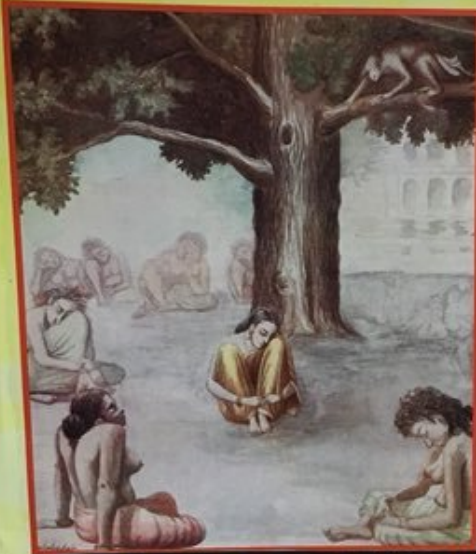
## Ashok Vatika

This is where Maa Sita was kept captive after her abduction. The present day Nuwara Eliya is believed to be the site of Ashok Vatika.

Reserchers claim that giant footprints discovered there are those of Bhagwan Hanuman when he went to meet Maa Sita in Sri Lanka.

# Welcome to Ashok Vatika

## Seetha Mandhir (Ashoka Vanam)



- ✿ This is the place where Seetha Matha was Locked up
- ✿ Seetha Eliya Means the light of Seetha Matha
- ✿ This is the place where God Hanuman Found Seetha Matha
- ✿ The river behind the temple is the place where Seetha Matha had baths
- ✿ The Place where God Rama's & Seetha's wedding ring was handed over to Seetha Matha again.

Coordinates (N,E)

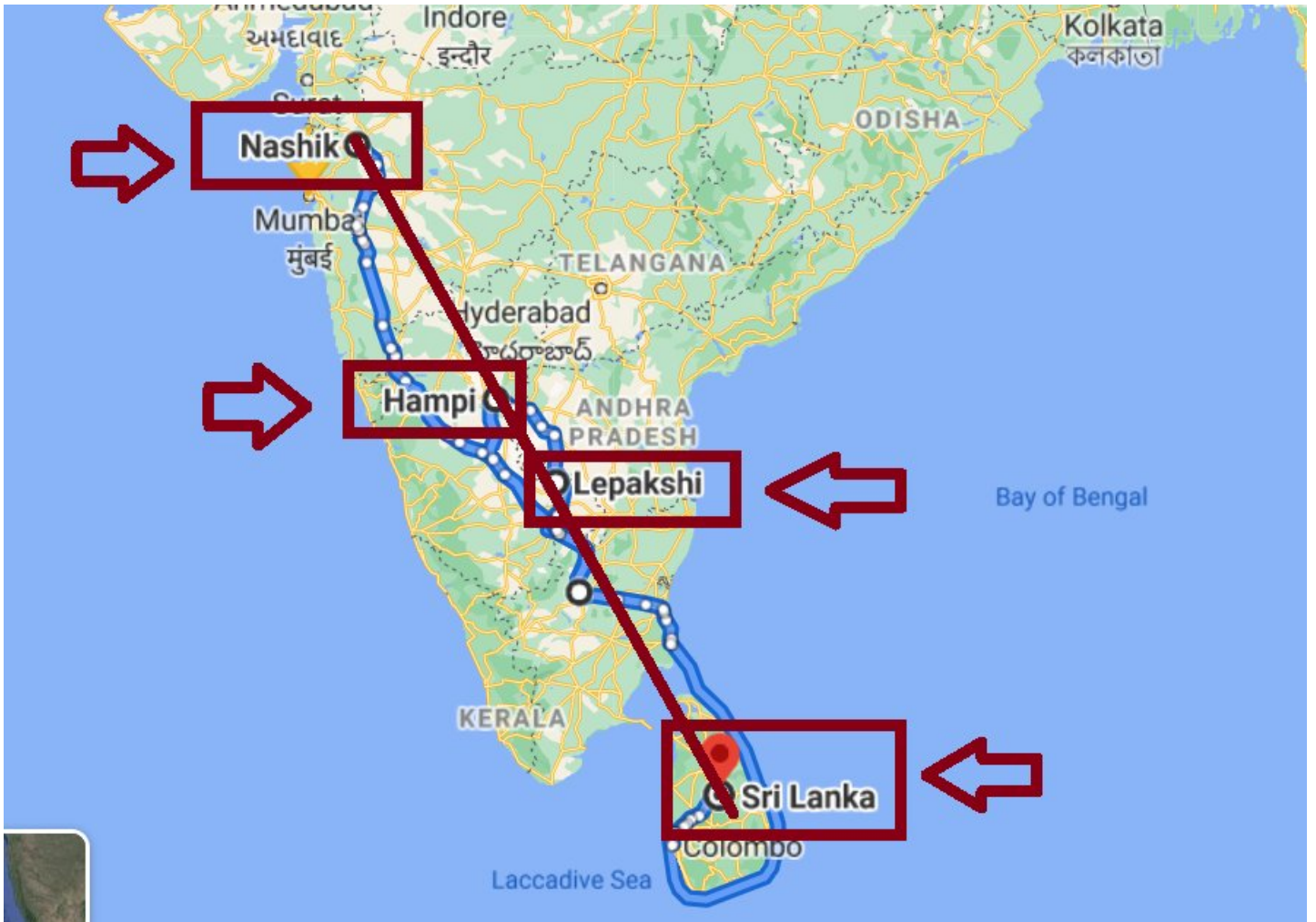
Nashik 19.99°, 73.78°

Hampi 15.33°, 76.46°

Lepakshi 13.80°, 77.60°

Sri Lanka 7.87°, 80.77°

This is the route of Pushpak Viman when Maa Sita was abducted. Amazingly all lie in a straight line. How did Valmiki know 1000's of years back?



Sigiriya

The Sigiriya rock fortress in Sri Lanka is believed to be the site of Ravan's gold palace designed by Kuber.

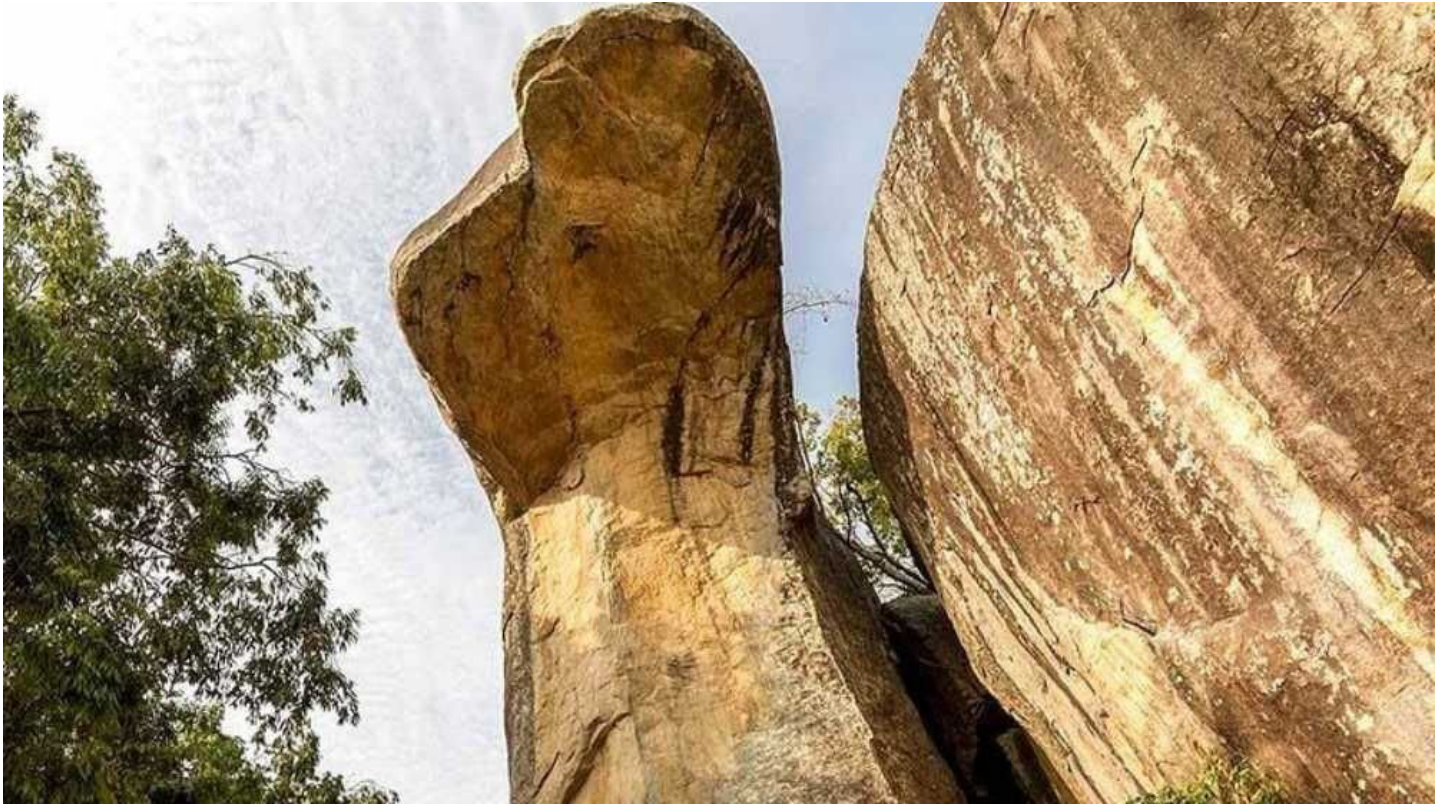
Located at the plateau bottom is a cave which is said to be one of the places where Sita Maa was believed to be held captive.



### Cobra Headed Cave

The Cobra Hood cave, part of the Sigiriya Rock Fortress has an inscription “Parumaka Naguliya Lena”. At several places the word "Naguli" has been used to describe Maa Sita.

The inscription while etched after the Ramayan period is said to refer to Maa Sita



### Kannaiya Hot Wells

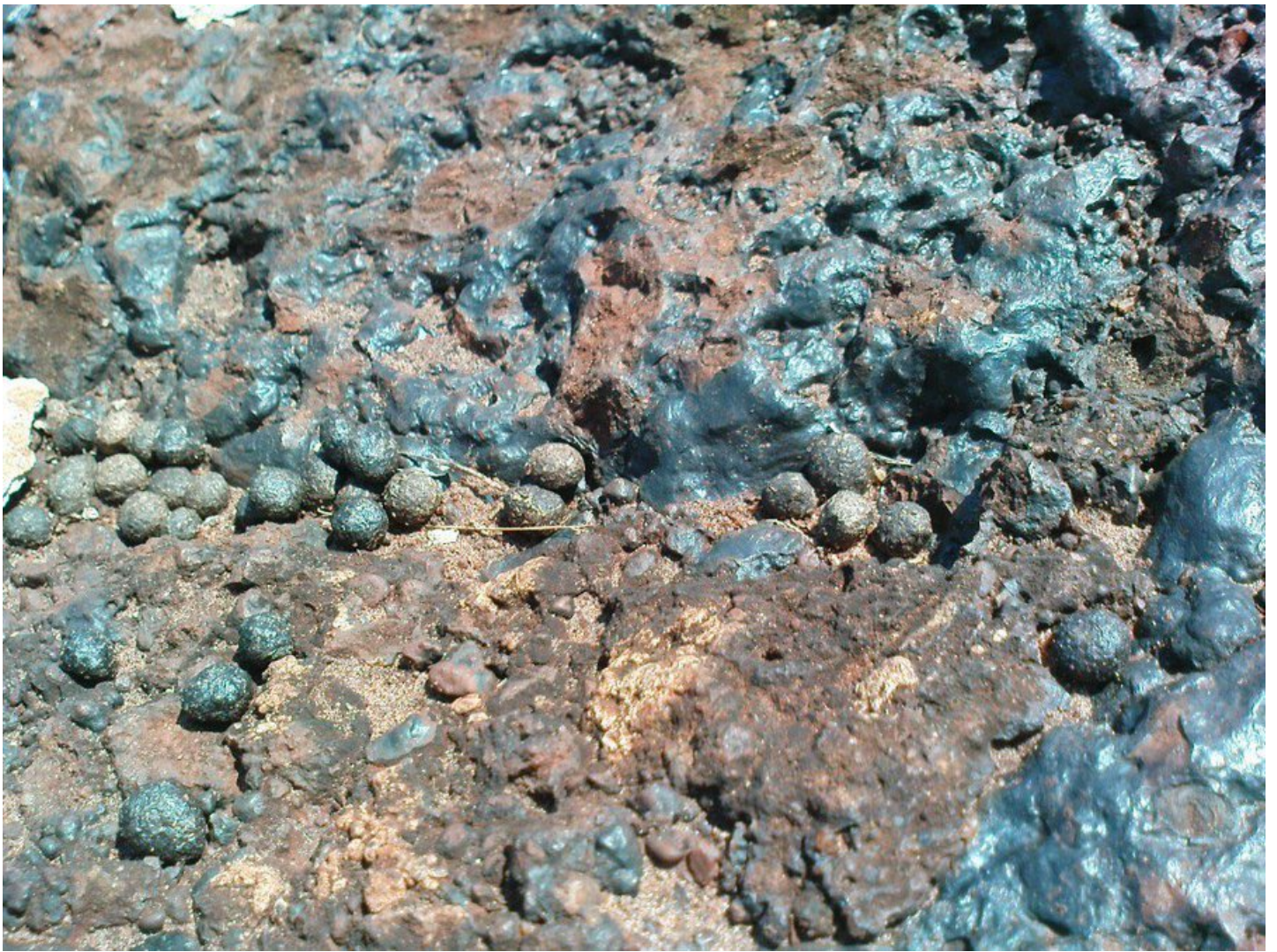
In Ramayan, there is mention of hot water springs. This is said to be the site where Raavan and his mother are said to have worshipped Bhagwan Shiv

Local legends and researchers suggest these Kannaiya hot water springs were created by Raavan for water supply



Apart from these there are several other evidences which point out the historicity of Ramayan. The Lepakshi Mandir is believed to be the site where Jatayu fell while battling Raavan.

The soot black soil indicating fire destruction near Raavan`s kingdom are other examples.



Sceptics will question these & may even come out to troll me & accuse me of running an agenda. The same sceptics will never present evidence to counter but just blabber

My opinion is clear. The more we dig the more we find. Ramayan was our HISTORY & never a MYTH. Jai Shree Ram

