Twitter Thread by Alex • Copywriting Dad.



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@Copywriting_Dad

From age 25-49, PRIORITIZE these and fix 99% of your problems...

1. Have 3+ streams of income

99% of people chase money, only 1% make it.

You don't have to to quit your 9-5.

Use it to;

• Save and start a business offline
• Set your offline businesses in order
• Seek advice from a mentor and start a business online (min $500)

Now, with the online business;

• Sell a book/guide
• Create online course
• Have a blog and monetize
• Offer mentorship program

One stream of income is committing financial suicide.

2. Spend at least 100 minutes of your day reading

ALL financially free people are obsessed with learning.

Financial education can be self taught.

Start by reading these books;

• Mastery
• Atomic habits
• Think and grow rich

Use the knowledge you obtain and earn with it.

The ultimate modern flex is;

• Staying anonymous
• Being filthy rich
• A great physique

Simplicity is the ONLY sustainable form of wealth.

3. Wake up at 4:00 or 5:00 am

99% of people dread at waking up early

But this saves you 2-3 hours.

Cultivate successful people habits;

• Make your bed
• Take a glass of water (or 2)
• Hit push ups/ a walk
• Read for 100 minutes

Success is hidden in your daily routine.

4. Sleep 5-6 hours

It's hard at first but you'll adjust with time

Make your bed a safe haven for your sleep.

A good night sleep will help you focus 10x better the following day.

Do this and fix your sleep;

• Be active during the day
• Invest in your beddings
• Eat 3hrs before bed
• Wear comfortable pyjamas or sleep naked
(Recommended; sleep naked)

5-6 hrs will be enough.

5. Build a writing habit

Download your thoughts on paper and you'll achieve any goal 10x faster

This should guide you;

• Write your goals down
• State the process to follow
• Visualize the end product
• Take a course of action

Create goals and hold yourself accountable.

6. Take risks

Fear of the unknown should motivate you to risk a lot.

You can control just too little.

• Open new businesses
• Meet top executives
• Take that scary deal

Ensure you're risking in assets.

7. Spend 80% of your day alone

To get creative, embrace solitude

This'll help you ;

• Reduce stress
• Boost your happiness
• Increase your mental strength

Be active in your lone time;

Do this;

• Take a pen + notebook
• Go for a walk (quiet place)
• No phone/music
• Carry a fruit or water (Recommended)

It's Sharpness Thursday...

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• Writing
• Virality
• Life

■I adore you■