

Twitter Thread by [Kurtis Hanni](#)

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If your goal is to retire early, you're missing out.

Here's why:

In 2017, Gallup did a poll that revealed just 15% of employees are engaged in their jobs.

With 85% unengaged, no wonder FIRE is all the rage.

In [@joshua_becker](#)'s latest book, Things That Matter, he asked which was more attractive:

- to retire early and live a life of leisure
- work a long time at a job you find fulfilling and productive

52% answered to retire early.

[@joshua_becker](#) I asked you the same yesterday and the numbers were similar. <https://t.co/cLqAymZdqH>

But that 52% is missing the point.

Let me explain...

Which goal is more attractive to you?

— Kurtis Hanni ([@KurtisHanni](#)) [September 16, 2022](#)

[@joshua_becker](#) In 1883, German chancellor Ott von Bismarck offered a pension to any nonworking German over age 70.

Other nations followed suit and the modern-day retirement was born.

[@joshua_becker](#) Yet, this system seems to be working for noone.

For those who have retired, 28% say they lack direction and feel isolated.

@joshua_becker For those still working, it's worse:

56% of Americans lose sleep worrying and thinking about retirement.

40% think financial security in retirement is unattainable.

@joshua_becker Here is the truth: our focus on retirement is taking away the joy of work.

So, how do we change this?

@joshua_becker 1. Intentionally look for meaning in your work.

Ask: who is it impacting?

53% of people say they find fulfillment in their career/work beyond a paycheck, but only 15% are engaged?

We need to look for and celebrate those we're serving.

@joshua_becker 2. Quit relying on the promise of happiness in a future state. Choose happiness today.

You can't truly know if the next stage will make you happy. Too often, it actually doesn't.

The truth is, happiness is a choice.

Choose to find happiness where you're at.

@joshua_becker 3. Reframe leisure/rest as a recharge not a reprieve.

Framing often creates our reality. By dreading Monday, when something goes wrong just confirmed our dread.

Instead, think of your vacation as an opportunity to recharge and "reload" for your work.

@joshua_becker 4. Don't retire, retool.

We need to reframe our work into a pursuit of selfless fulfillment.

Then, when we change jobs or status, we're not running from something.

We're retooling to another pursuit of service.

This attitude means we're always "working," even if not paid.

@joshua_becker This concept, and more, are from @joshua_becker's latest book, Things That Matter.

I interviewed him for an episode of my podcast, which will be released on September 28th.

You can buy his book here: <https://t.co/hy34Z1Brpr>

[@joshua_becker](#) If you enjoyed this thread, follow me [@KurtisHanni](#) to get more content like this.

And before you leave, retweet the first tweet of this thread to share it with your audience:

<https://t.co/fUTkQJZxlC>

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— Kurtis Hanni (@KurtisHanni) [September 17, 2022](#)