

Twitter Thread by Alex • Copywriting Dad.



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This took me 11 years to learn, I'll teach you in 3 minutes. Here are 18 uncomfortable truths about life that'll put you 5 years ahead...

1. You'll never have more than what you've worked for. Quit complaining and work harder.
2. You'll never be presented with challenges you can't overcome. You either want solutions too fast or are too lazy to fight.
3. No matter how old or good you are. Misfortunes can always strike.
4. Loyalty doesn't cost a dime. Give it to the deserving.
5. No one owes you respect and support. Learn to respect and motivate yourself first.
6. Life is unfair when you're broke, unhealthy and rigid.
7. Love, hate and jealousy are products of expectations, comparison and attachments. Be open-minded, know you're different and understand anything can happen.
8. You'll never have everything you want, appreciate what you already have.
9. Most people aren't peaceful and rational, they're just cowards.
10. Avoid letting people closer to your life more than they should. People have a tendency of distracting flow state.
11. Happiness, success and peace are never in the future or the past. They're here and now so stop stressing.
12. No matter how bad you think someone is, there is still some good in them.
13. You can't live with others if you can't stay alone.

14. Maturity is not about age or accomplishments. It's about rationally dealing with yourself, others and your environment.

15. You can't be generous with others if you're selfish with yourself.

16. No matter how cool or good you're someone will still hate you for nothing.

17. What you know is not even a percentile of what there is. No one knows all there is though.

18. You never lose anything. Avoid trying to control situations.

It's feel good day...

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