

Twitter Thread by Lewin | Wealth Pill ■

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I'm a millionaire at 35

Here's every piece of advice I'd have installed sooner to be a millionaire by age 25

(Applicable at any age)

1. Have 3+ streams of income

99% of people chase money, only 1% make it.

You don't have to quit your 9-5

Use it to;

- Save and start a business offline
- Set your offline businesses in order
- Seek advice from a mentor and start a business online (min \$500)

Now, with the online business;

- Sell a book/guide
- Create online course
- Have a monetized blog
- Offer mentorship program

Having one stream of income equates to committing financial suicide

2. Spend atleast 100 minutes of your day reading

87% of financially free people are obsessed with learning.

Financial education is self taught

Start by reading these books;

- Human nature
- Atomic habits
- Think and grow rich

What else would you add?

Use the knowledge you obtain and earn with it.

The ultimate modern flex is;

- Staying anonymous
- Being filthy rich
- A great physique

Simplicity is the new rich

3. Wake up 4:00 or 5:00 am

People dread at waking up early

But this saves you 3 hours of your day starts

Cultivate successful people habits

- Make your bed
- Take a glass of water (or 2)
- Hit push ups/ a walk
- Read 50+ pages

Success is hidden in your daily routine

4. Sleep 5 hours only

It's hard at first but you'll adjust with time

Make your bed a safe haven for your sleep

A good night sleep will help you focus 10x better the following day.

A recipe for a goodnight sleep;

- Be active during the day
- Invest in your beddings
- Eat 3hrs before bed
- Wear comfortable pyjamas or sleep naked
(Recommended; sleep naked)

Set a stop watch and immediately 5 hrs are over, be up on your feet.

5. Adopt writing habits

Download your thoughts on a paper and you'll achieve any goal 10x faster

This should guide you;

- Write your goal down
- State the process to follow
- Visualize the end goal
- Take a course of action

Create goals and hold yourself accountable

6. Take risks

Let fear of the unknown set you free

You can control just too little

- Open new businesses
- Meet top executives
- Take that scary deal

When taking risks, ensure there's a net margin of \$100k between assets and liabilities

7. Spend 30 mins a day alone

To tap in your creative juices, embrace solitude

Half an hour a day will help you ;

- Reduce stress
- Boost your happiness
- Boost mental strength

Be active in your lone time;

Do this;

- Take a pen + notebook
- Set on a walk (quiet place)
- No phone/music
- Carry a fruit (just a suggestion)

Bingo! You've won the week.

Men, let's meet tomorrow (EXCLUSIVE THREAD)

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