Twitter Thread by Sriram ■■



Sriram ■■
@Vadicwarrior

Bhishma advised for all human beings nine qualifications:

#Thread



BHISMA'S INSTRUCTIONS

On his deathbed of arrows



* Not to become angry
* Not to lie
* To equally distribute wealth
* To forgive
* To beget children only by one’s legitimate wife
* To be pure in mind and hygienic in body
* Not to be inimical toward anyone

* To be simple
* To support servants or subordinates.

Bhishma also advises this:

1. To get freedom from anger, one should learn how to forgive.

2. To be free from unlawful desires one should not make plans.

3. By spiritual culture one can conquer sleep.

4. By tolerance only can one conquer desires and avarice.

5. Disturbances from various diseases can be avoided by regulated diets.

6. By self-control one can be free from false hopes.

7. Money can be saved by avoiding undesirable associations.

8. By the practice of yoga one can control hunger.

9. Worldliness can be avoided by culturing the knowledge of impermanence.

10. Dizziness can be conquered by rising up.

11. False arguments can be conquered by factual ascertainment.

12. Talkativeness can be avoided by gravity and silence.

13. By prowess one can avoid fearfulness.

14. Perfect knowledge can be obtained by self-cultivation.

Source: @ancient.bharat