## Twitter Thread by Johnny Applebottom





Ppl need to be enjoying things intensively, not extensively. Listen to 1 album for 2 months. Read the same book over & over until you recite entire passages. Watch 1 show you love 20 times, not 20 shows you forget.

## Love through intimate understanding, not compulsive consuming.

People like to brag, "I read 900 books this year."

No you didn't. Unless you are Harold Bloom, this is dishonesty. This is vanity. This is not you in love with something -- this is you in love with seeming something. What's even the point?

Be proud to say I only read 10 books this year, but I truly read them -- several times. Here is how this book is structured. Here is how the sentences work, and how they're worded to work that way. Here is how the thing builds and breaks. Here is its hidden beauty.

It's always funny reading the Founding Fathers. They'll write shit like, I read X for the fifteenth time out loud to my wife. However, I know I need to read it again to understand it.

The way ppl at that time approached things is in large part why they were so impressive.

Anything great requires repetition to appreciate. Read. Watch. Listen. Ponder. Meditate. Do it slowly, over and over until a work feels like an extension of you, until you're not sure where it ends and you begin.

Mark your life by moments of artistic obsession. "That happened to me when I was watching X." "This was when Y came out."

It's a much better measure of your time than a thousand twitter threads read and forgotten each day by the time the sun goes down.