

Twitter Thread by Sriram ■■



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Many Hindu temples, particularly in Kerala and Kanyakumari, prohibit men from wearing shirts within. This is due to a scientific reason to ensure that a person's health. Let us have a look at how a temple compares to the human body.

#Thread



Why are Men asked to remove shirts Before entering temples in South India ?



A temple's two essential components are

1. Garbhagraham - a shrine carrying God's image
2. The Vimanam, is a structure built on top of the Garbhagraham.

The Garbhagraham:

When Westerners first visited Indian temples, they believed they were filthy and disgusting. Temples could not have many doors and windows due to the nature of their design. There could only be one door, and it was a little one at that.

It's no surprise that those Westerners left with the sense that the temples were filthy, dark, and dismal, with no way for fresh air to enter.

Their own churches, by contrast, were open and airy, with numerous large doors and windows through which light and fresh air could easily enter and keep them clean. Today, no one in India will be able to explain why temples lacked windows and numerous doors.

As a result, when asked, we were compelled to accept that our temples are unsanitary; no one could dispute that the healthiest people resided in our temples and that no sickness had been permitted to enter.

The individuals who used to pray and worship there were, in the genuine sense of the word, some of the healthiest people on the planet.

Why Garbhagraham is dark?

The Vimanam placed above the Garbhagraham catches cosmic rays, which are then directed directly to the garbhagraham, which is very dark. Because cosmic rays cannot stay in dark locations for long periods, they are emitted from the garbhagraham.

These cosmic rays will reach devotees who are standing outside the garbhagraham with their chests uncovered.

As a result, those who used to pray and worship there were among the healthiest individuals on the planet.

Why garbhagraham have only one door?

The sanctum's darkness reflects its function as a "womb house." Garbha is a Sanskrit word that signifies the womb.

A temple can be compared to the human body, and a womb house can be compared to a mother's womb. Because a mother's womb is dark and has only one entrance, it plainly portrays the human body.