

Twitter Thread by Sriram ■■



Sriram ■■
[@Vadicwarrior](#)



We are trained from a young age in Indian houses.

#Thread



WHY HINDUS DON'T TOUCH BOOKS AND PEOPLE WITH FEET ?



Never use our feet to touch papers, books, or people. If the feet accidentally touch papers, books, musical instruments, or other educational equipment, youngsters are instructed to reverently touch the stamped item with their hands before touching their eyes as a sign of apology

Knowledge is sacred and divine to Indians. As a result, it must be treated with respect at all times. Nowadays, we divide subjects into sacred and secular categories.

In ancient India, however, any subject – academic or spiritual – was regarded as divine and was taught by the guru in the gurukul.

Books represent information. Saraswati (Goddess of Learning) is the goddess of knowledge. It is deemed sinful to touch books with one's feet or to kick someone's school bag containing books. It demonstrates disdain for Saraswati.

We do not get knowledge as a result of the bad karma of kicking or poking a book with our feet. Our education is harmed. In school, we obtain lower grades.

Foot contact with any musical or educational instrument is also prohibited. Every object from which knowledge is attained is revered by Hindus.

Even new notebooks, pens, pencils, and other items are respected in India by carrying them to the nearest mandir (temple) so that the pujari (priest) can sanctify them at Bhagwans' feet.

If one's feet accidentally contact a book or even a person, one should mentally beg for forgiveness, as well as bow down and touch that person's feet as a gesture of regret and a request for forgiveness. Such humility is really beneficial to one's character development.

According to the Sanskrit scripture vidya vinayena shobhate, knowledge is valuable only to those who are humble.

The custom of not walking on educational items serves as a constant reminder of India's high regard for knowledge. Wisdom instills in us strong respect for literature and study from an early age.

This is also why, once a year, on Saraswathi Pooja or Ayudha Pooja day, devoted to the Goddess of Learning, we worship books, cars, and instruments. In fact, we pray each day before beginning our studies:

Saraswati namasthubyam
Varade kaama roopini
Vidyaarambham karishyaami
Sidhirbhavatu me sadaa

O Goddess Saraswati, the giver of
boons and fulfiller of wishes,
I prostrate to You before
starting my studies.
May You always fulfill me.

Touching individuals with their feet is likewise frowned upon by children. Even if it is unintentional, we touch the individual and bring our fingers to our eyes as an expression of regret.

Even when seniors accidentally touch a younger person with their foot, they apologize right away.

Touching someone with your feet is considered a misdemeanor.

Why is this the case?

Man is recognized as the Lord's most beautiful, living, and breathing temple! Touching another's foot, then, is tantamount to demeaning the divinity within him or her. This necessitates a prompt apology delivered with dignity and humility.

As a result, many of our customs are intended to serve as simple yet effective reminders or points to important philosophical principles. This is one of the aspects that has ensured the survival of Indian culture over the millennia.

Cosmetic pastes, bathing water, expelled debris, blood, mucous, spit, and vomited food are likewise forbidden to be touched with one's foot, according to the sastra (scriptures) (lying on the ground).