

## Twitter Thread by Equity4Life® Rishikesh Singh



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### **THREAD on #TREND**

**How to Trade & Invest as per TREND ??**

**(1) If TREND is BULLISH, BUY near key support levels & book profit near key resistance levels.**

**(Stop Loss below latest Higher Low (Swing Low) close basis on particular time frame).**



**Trends are created by Crowd behaviour and they exist for ALL instruments on ALL timeframes**  
**There are two types of trend**

## **Uptrend**



**In an Uptrend  
The market rises and  
Makes a sequence of  
Higher Highs (HHs)  
And  
Higher Lows (HLs)**

## **Downtrend**



**In a Downtrend  
The market falls and  
Makes a sequence of  
Lower Lows (LLs)  
And  
Lower Highs (LHs)**

**Traders make money by identifying these trends  
And then riding them by moving their  
Stops when a Higher High (HH) is made in an Uptrend or  
A Lower Low (LL) is made in a Downtrend**

(2) If TREND is BEARISH, SELL near key resistance levels & book profit near key support levels.  
(SL above latest Lower High (Swing High) close basis on particular time frame)

You can learn with #Equity4Life in real time market & with real traders.

#ZigZag #PriceAction

Try to learn from this tweet... It's helps to understand my trading & investing style and you can easily understand from our tweets & market views.

#Equity4Life #StockMarket #Investing #Trading

# Dow Theory Trend Definition

