Twitter Thread by Alex & Books ■

Alex & Books ■
@AlexAndBooks_

Books can change the way you see the world.

The same is true about documentaries.

Here are 20 documentaries that might just change your life forever:

14 Peaks: Nothing Is Impossible

Watch the incredible journey of how one man summits 14 of the world's tallest mountains in just 7 months.



The Last Dance

Never-before-seen footage of the legendary 1990s Chicago Bulls and how Michael Jordan leads the team to his final NBA

championship.



Drive to Survive

Watch the highs and lows of the lives of 20 F1 drivers as they compete to win a world championship.



Icarus

Learn the truth about doping in sports from a Russian scientist who blew the whistle on one of the biggest scandals in sports history.



Free Solo

A professional rock climb attempts to become the first person to ever free solo (that means climbing with ZERO ropes or safety gear) El Capitan's 3,000+ ft tall wall.



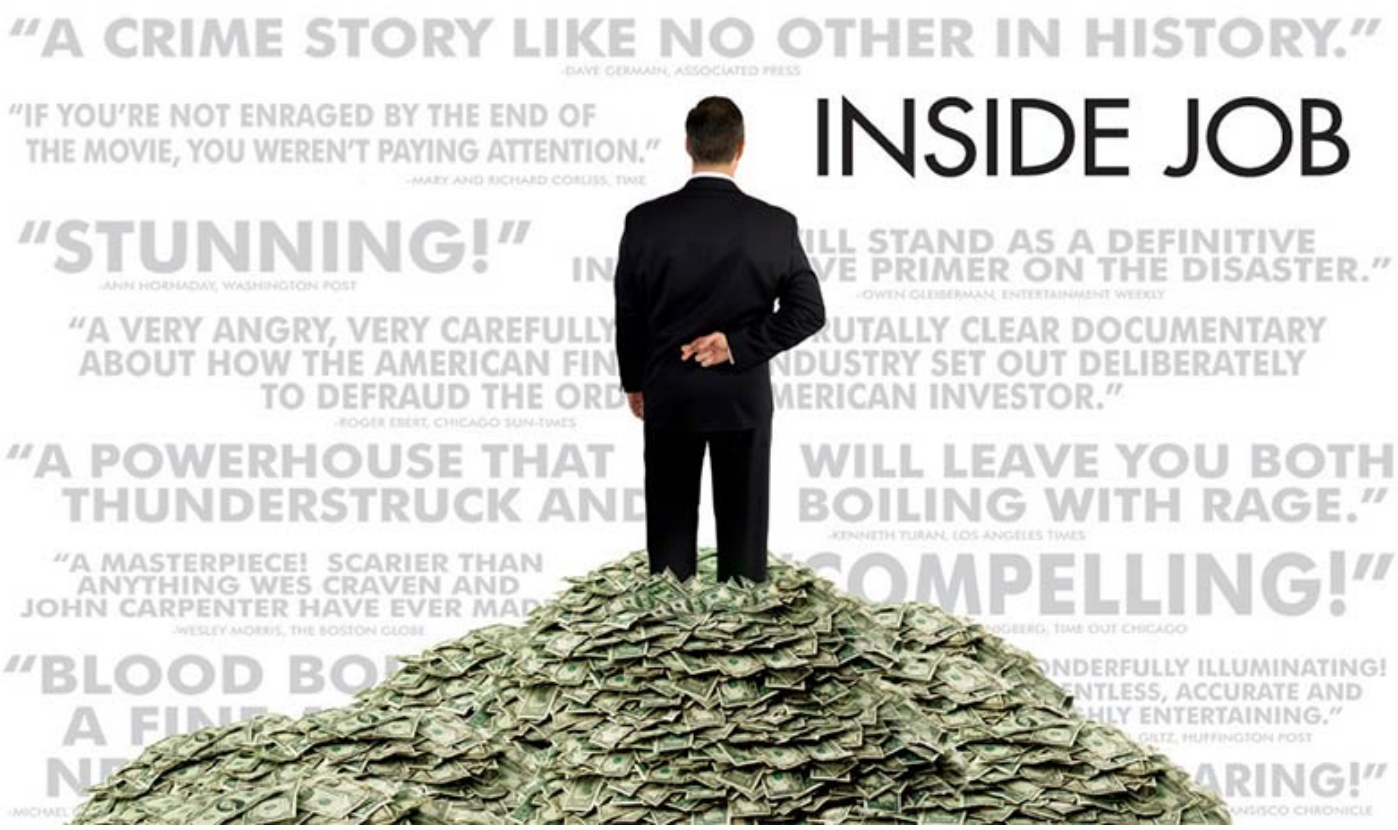
The Game Changers

Discover the power of vegetables from an elite group of world-renowned athletes and scientists who try to prove that plants are the ultimate protein.



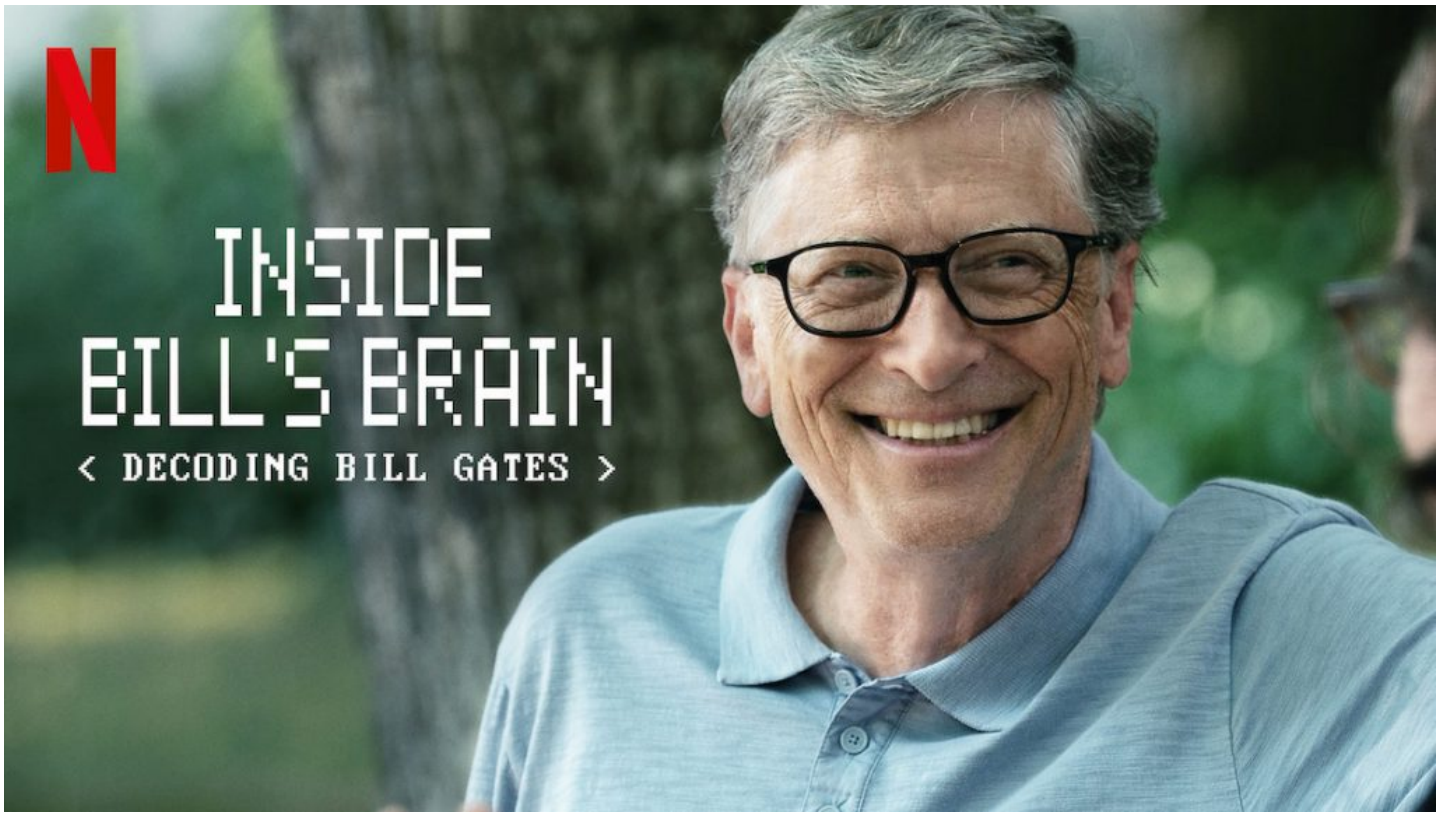
Inside Job

Matt Damon narrates a documentary that provides a detailed look into the events that lead to the 2008 financial meltdown.



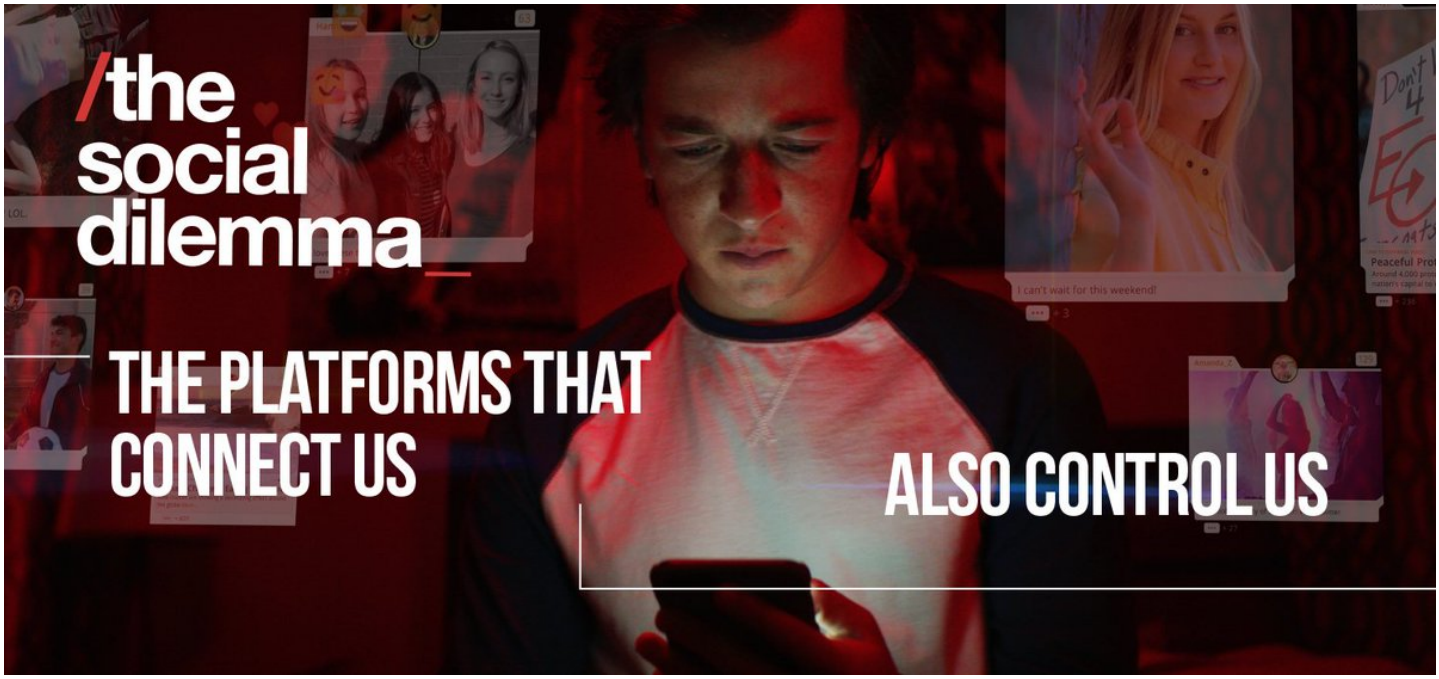
Inside Bill's Brain

A documentary that tells Bill Gates' life story from starting Microsoft to pursuing solutions to some of the world's most complex problems.



The Social Dilemma

Explore the dangerous human impact of social networking with tech experts sounding the alarm on their own creations.



Citizenfour

Discover the true story about Edward Snowden, how the NSA was spying on millions of people both foreign and domestic, and why he risked his life to blow the whistle on his own country.



Becoming Warren Buffett

Learn how legendary investor Warren Buffet went from being a kid from Nebraska to becoming one of the richest and most respected investors in the world.



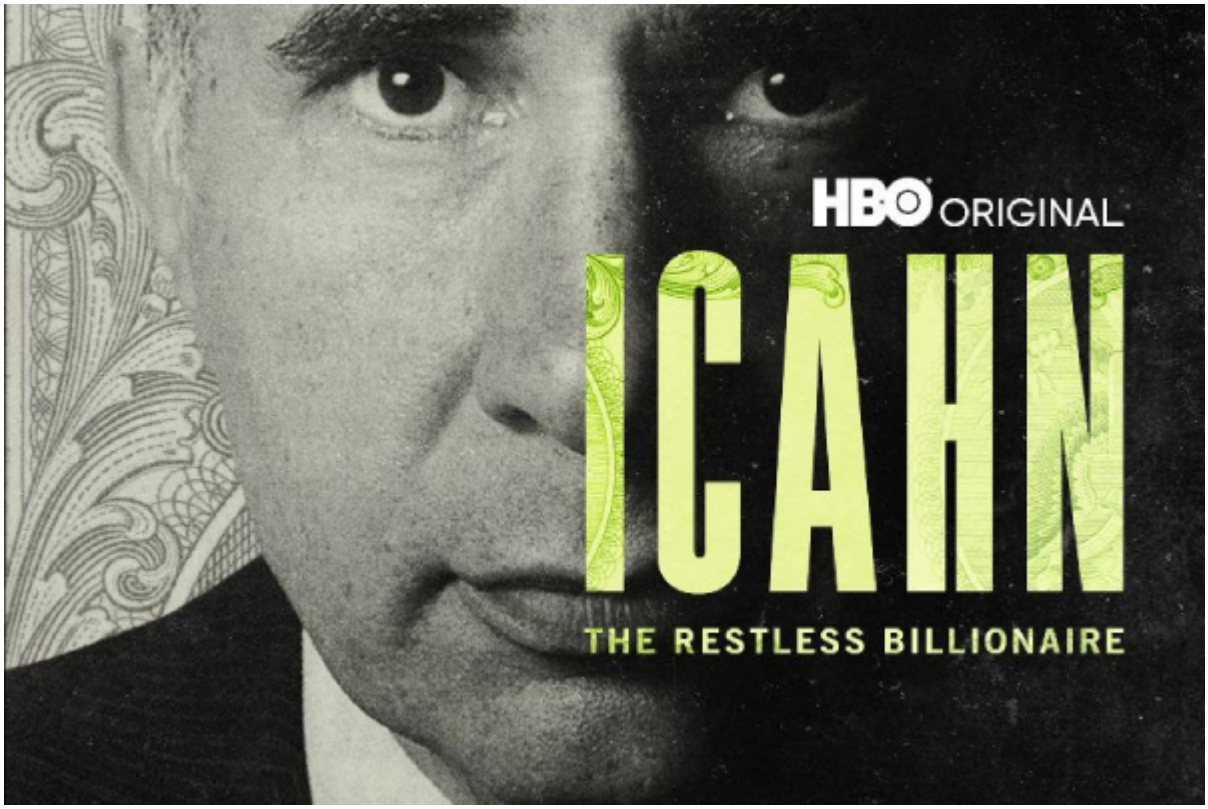
The Rescue

Watch how the world comes together to help save 13 boys who are trapped deep inside a flooded cave in Thailand.



Icahn: The Restless Billionaire

A fascinating story of the original corporate raider–Carl Icahn. Learn about some of the most legendary business deals of our time and how he made billions in the process.



My Octopus Teacher

A filmmaker develops an unusual friendship with an octopus living in a South African kelp forest and learns a lot about both the creature and himself in the process.



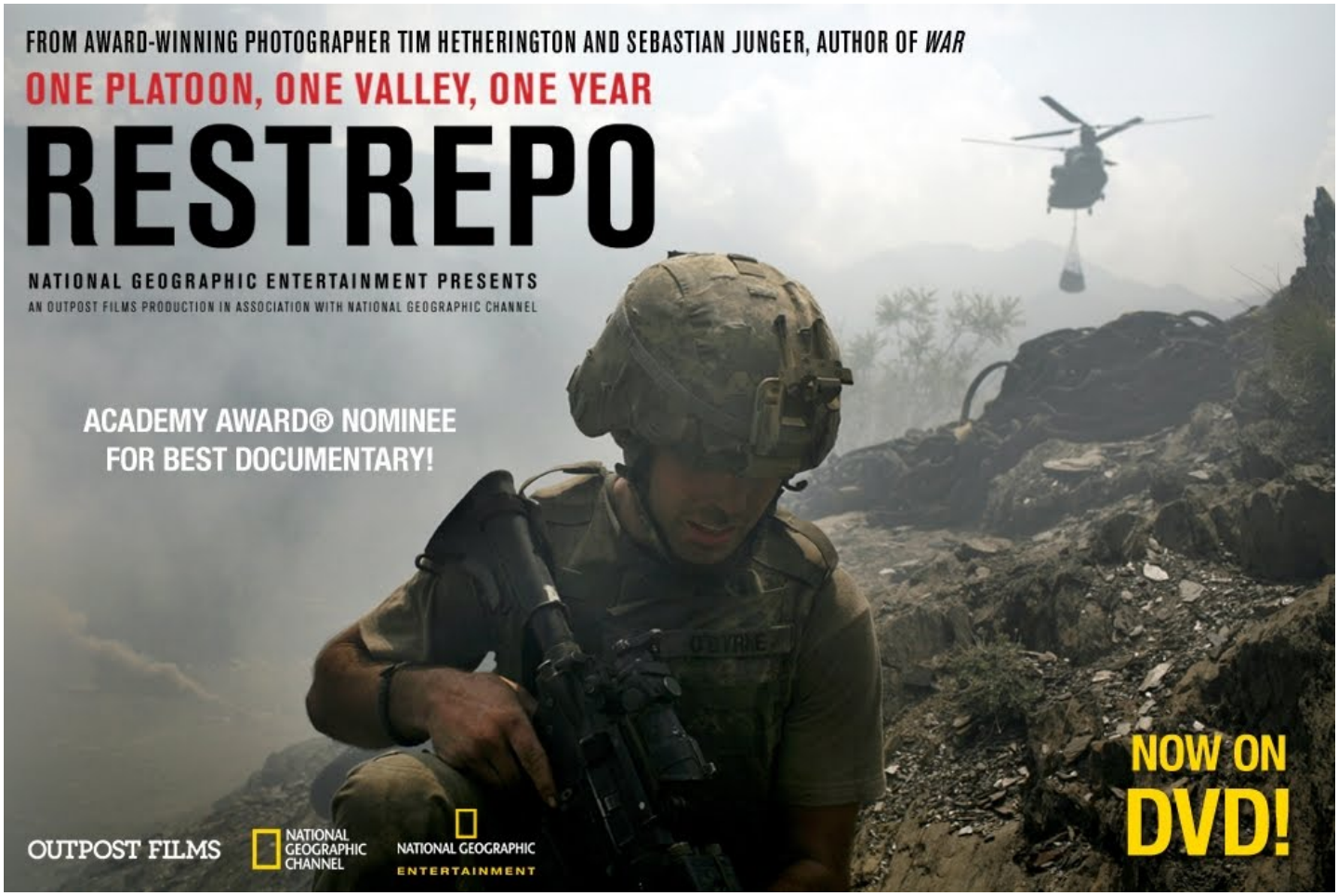
The Alpinist

Imagine rock climbing without any safety gear but during the winter when the mountain is covered in ice. This is the extreme of extreme sports.



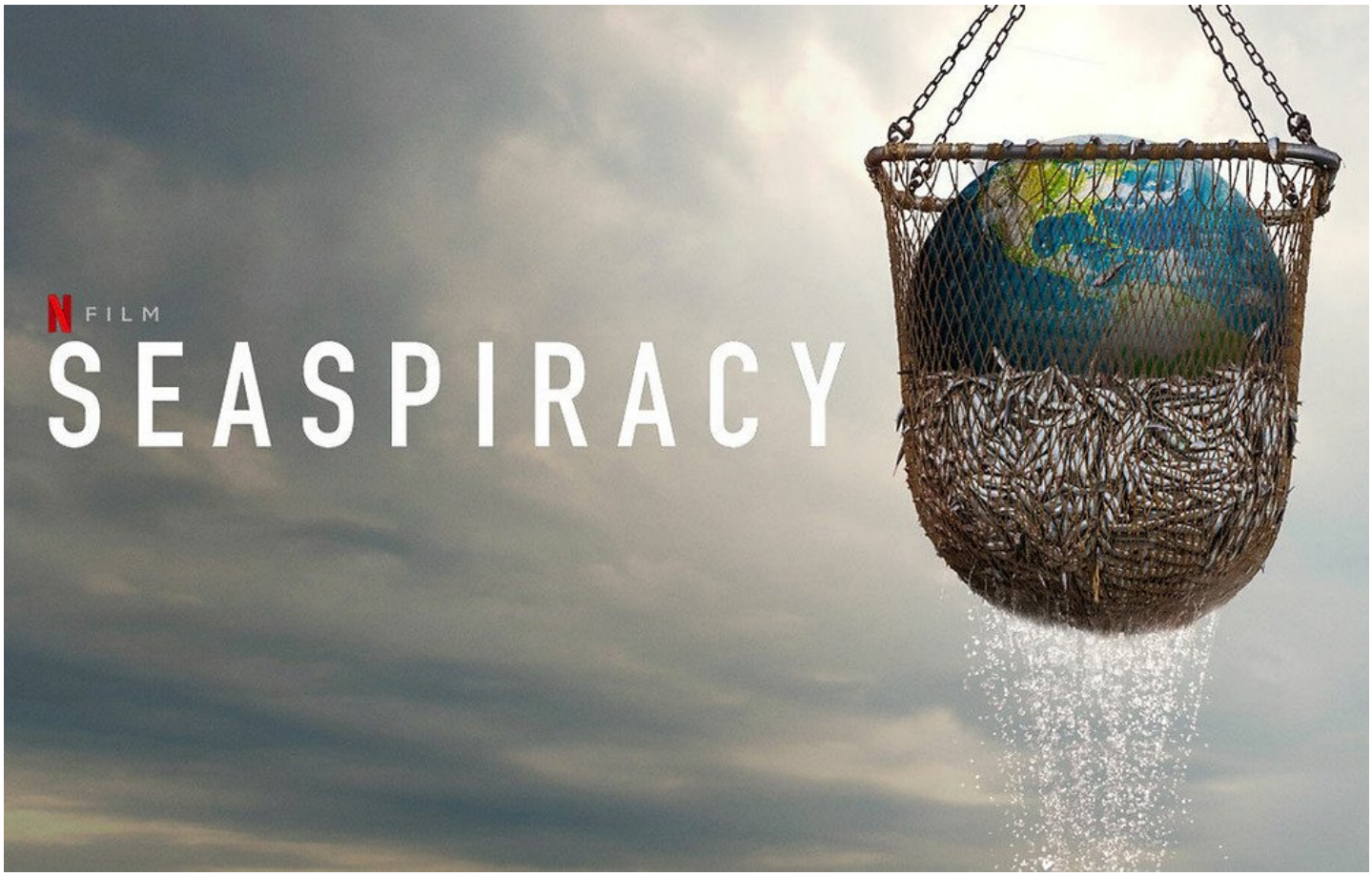
Restrepo

Spend a year with a US military platoon in the deadliest valley in Afghanistan. This movie captures the reality of modern soldiers at war.



Seaspiracy

A filmmaker sets out to document the harm that humans do to marine species and uncovers alarming global corruption in the fishing industry.



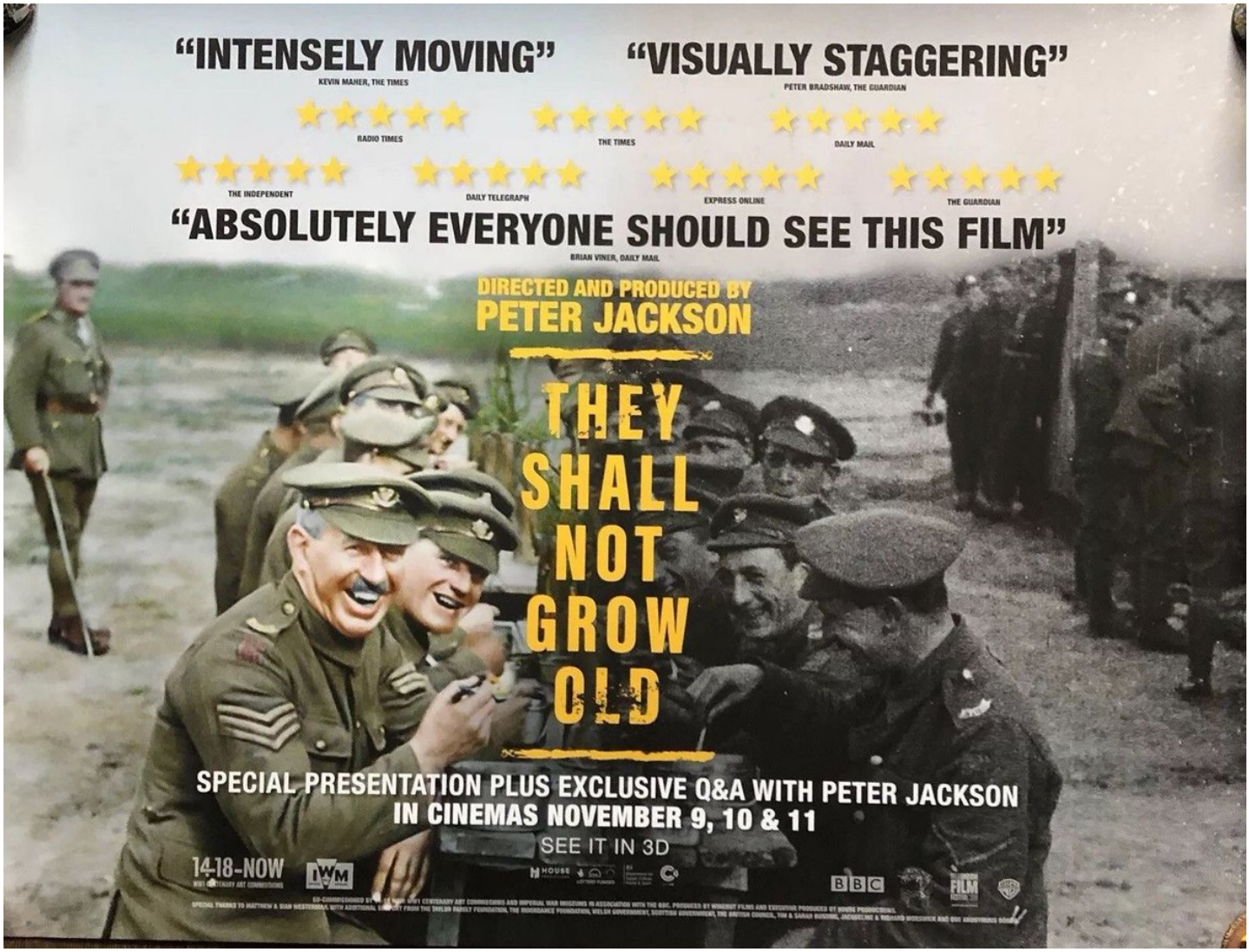
Apollo 11

Watch unreleased footage of the 1969 Apollo 11 mission and how Neil Armstrong and his crew became the first people to land on the moon.



They Shall Not Grow Old

Get an extraordinary look into what it was like to be a soldier during World War I through the eyes and voices of the British soldiers who lived it.



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What's your favorite documentary?

Comment it below!

PS: If you enjoyed this thread, here's another one you'll probably enjoy:

https://t.co/8L9YP878ww

> There are 2,400,000+ podcasts.
>
> But 99.8% of them aren't worth your time.
>
> Here are 20 podcasts that will make you happier, healthier, and wealthier:

— Alex & Books \U0001f4da (@AlexAndBooks_) February 9, 2022