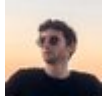


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Making \$1k/month is great, but \$10k/month is even better ■

Here are 5 things you NEED to master to grow your trading to \$10k per month ■



1. Trading a Proven System

Trading with a winning and proven system is key to consistency in the markets ■

In order to scale to \$10k/month, you'll need to have a strategy that can make you \$1k/month ■

Consistency is the most important aspect for growing a trading account, and a proven strategy will help you get there ■

2. Controlling Emotions

Trading is a marathon, not a sprint. If you go from using \$5k for each trade, to using \$50k for each trade, your emotions will play a role.

You CANNOT trade with money that you aren't willing to lose ■

Slowly build your account by increasing your size each week ■

Going from \$1k - \$10k shouldn't be overnight ■

It should take months for that to happen so you are COMFORTABLE trading with a bigger size ■

3. Morning Process

If you want to make \$10k/month, you need to treat trading like a business ■

A CONSISTENT, morning process (from wake up to market open) is necessary to scale your trading ■

Waking up 5 minutes before open will hurt you from growing your account ■

4. Risk Management

While risk management in a trade (R/R) is important, risk management with your account is just as important.

You won't grow an account unless you use CONSISTENT sizing ■■

That means risking the SAME amount of capital in each trade ■

Don't risk \$100 on one trade and then \$400 on the next.

If you're currently risking \$100 per trade, slowly go to \$200 next week, then \$300 the week or month after that

You'll need to keep your losers at around the same \$ amount in order to successfully grow an account.

5. Mental/Physical Health

Trading is a mental game■

If you aren't mentally AND physically healthy, trading can be dangerous■

Having a healthy diet, workout routine, enough sleep, and a strong mental health all play an important role in trading■

If you aren't disciplined in your real life, how do you expect to be disciplined in your trading?

This lesson changed my life■■

I hope you enjoyed my thread

Please leave a like + RT if you learned something♥■

FREE 1 on 1 coaching sessions coming soon ■