Twitter Thread by Sonia.Gurnani





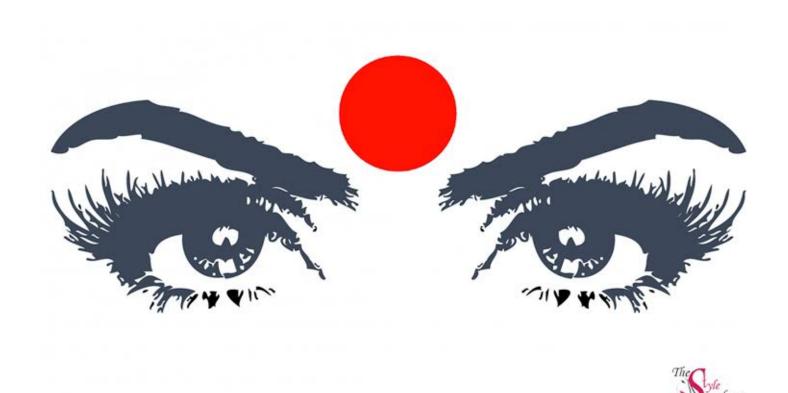
#binditwitter

#blackandwhite

by Hindus frm the Indian subcontinent. Rigveda says it is considered the point at which creation begins& may become unity -"the sacred symbol of the cosmos in its unmanifested state"

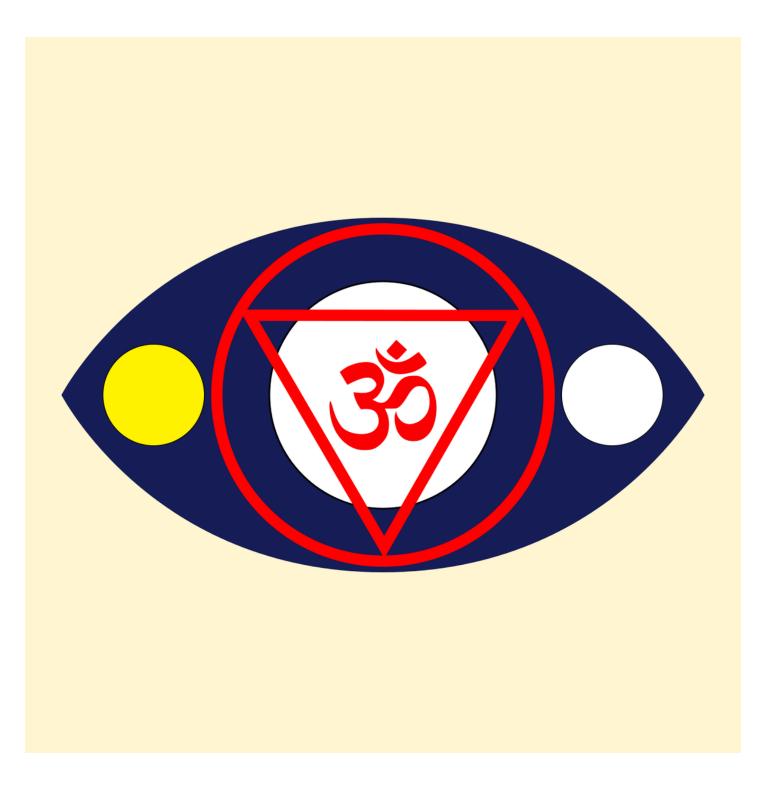


Traditionally the area between the eyebrows (where is placed) is said to be the sixth chakra,ajna,the seat of "concealed wisdom". The bindi is said to retain energy and strengthen concentration. The bindi also represents the third eye & can be



One interpretation is a cosmetic mark used to enhance beauty.

In Hinduism the color red represents honor,love &prosperity, hence it was worn to symbolise these aspects. In meditation the point between the eyebrows(Bhrumadhya)where one focuses his/her sight, to help concentration.



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