

## Twitter Thread by [mm](#)



[mm](#)

[@musicrocksit452](#)



A child or adult can get Long COVID. It doesn't matter if vaxxed or unvaxxed. If you had COVID asymptomatic, mild or severe you're at risk for LC.

A vast majority still suffer from LC since early last year. It affects multiple systems in body & symptoms can be debilitating.



### **Long COVID Symptoms**

**Brain Fog, Shortness of Breath, Long term Oxygen,  
Heart Palpitations, Strokes, Blood Clots**

2) You can feel better for days or weeks then relapse. Because symptoms can be debilitating it has caused many people to leave their jobs. It can effect the whole family.

3) These are only SOME of Long COVID Symptoms:

Brain fog

Gorgetful,  
Confused  
Inable to concentrate  
Headaches  
Lowered IQ  
Shortness of breath  
Coughing  
Inability to be active  
Difficulty breathing, you may need prolonged O2  
Heart palpitations  
Chest tightness

4) Permanent lung scarring  
Damage to organs Liver & kidney, brain  
Strokes  
Heart attacks  
Pulmonary emboli  
Dizziness  
Muscle pain  
Joint pain  
Body aches  
Chronic fatigue  
Anxiety, depression  
Difficulty sleeping  
Losing sense of smell for over six months  
Loss of taste  
Hair loss