


Twitter Thread by




[@thepunjabn](#)



**The pic actually defines the greatest Indian Yoga Philosophy and assimilates
shaivite Shakti Darshan with kundalini Shakti**

**I'm the pic central straight 3 lines represent 3 Nadis & left one is Pingala (controls
Action part of human) & right one is Ida connects earth with human**

The great Indian Philosophy cultivating Anthropological science

Decipher it if you can..

A challenge..!

Wait for the explanation..


To be continued...: pic.twitter.com/losNQPWrpI

— \u0924\u0939\u0915\u094d\u0937\u0940\u0001d565\u0001d55e (@thepunjabn) [April 26, 2021](#)

and control sensual part of body whereas middle part is Shushuma nadi on which seven chakras of Yoga in different stage
of dhyana are represented which are

1. Muladhara
2. Swadishthana
3. Manipura
4. Anahata
5. Vishuddhi
6. Ajna
7. Sahasraara

Each chakra has its own phase and controls a tatva of human body 5 kalas are

1. Nivartana kala- all trapeze of earth () tatva is seized here
2. Pratishtha kala- all macro & micro srishti kalas assimilate here all trapeze from prithvi to jala tatva seizes here
3. Vidya kala- All trapeze from Purush tatva to maya tatva seizes here
4. Shanti kala- all aspects from shuddha kala to shakti kala assimilated here
5. Shantayateet kala- beyond shanti kala it stays in shiva

5 shiva in each kala

1. Adhar- south headed shiva
2. Vamdev- North headed Shiva yellow varn kriya shakti undeveloped
3. Sandyojaat(■■■■■■■■■■)- westheaded white varn shoonya sensitive raudri (■■■■■■■)
4. Tatpurush (■■■■■■■■■■)- east headed red varna sleep form kapalik

5. Ishaan- Upward headed mixed in varna utmost power

Each chakra contain certain mantra and set of consonant to chant and assimilate from adhaar to mahashunya many phases are reached like samna unmani, shakti etc where mahashunya is the utmost phase when man becomes assimilated

in Mahashiva in its utmost form..

#thread