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Hindu Calendar NEW YEAR

There are many theories regarding the creation of the Universe, such as the Big Bang theory, the Proto-universe theory, the Inflationary theory, the Bubble Universe theory, etc.



Out of these the Big Bang theory is most widely accepted by the scientific community (still a bit controversial). According to this theory, the big bang occurred almost 13.8 billion years ago and the Universe came into existence.

In a Hindu Scripture, the 'Chandogyupanishad', it is said that the Supreme God (Parameshwar) made a sankalp (resolve) 'I am one, I will manifest in several forms', and the Universe was created. (Tat Tvam Asi).

The calculation of the number of years since the creation of the Universe as well as the number of years till the dissolution of the Universe has been done by the Rishis in India. Rishi Vasishtha has mentioned that the creation of the Universe

happened 34.5 billion years ago.

The creation of the Universe happened on the Hindu Calendar Date (tithi) of Chaitra Shukla Pratipada. Thus, the Hindu calendar begins on the sunrise of this tithi. This date usually falls on any day from late March to mid-April on the Gregorian calendar.



Bharat has many states observing the new year at different times of the year. For instance, Vishu in Kerala , Gudi Padwa for Marathis, Navreh for Kashmiris, Cheti Chand for Sindhis, Ugadi in Andhra, Telangana & Karnataka, etc.



According to the Hindu calendar, Chaitra month is considered as the first month of the year. Mainly Chaitra month can experience the arrival of the spring season/Vasant Rutu.

Chaitra (Chitirai) is a Sanskrit word meaning a sanctuary.



Why is Chaitra so important?

Chaitra is the sacred month in which Bhagwan Shri Rama was born on the 9th day of Shukla Paksha, which is celebrated as Shri Ram Navami.

Bhagwan Hanuman was born on the Full Moon day, which is celebrated as Hanuman Jayanti.



The birth anniversary of the last Tirthankara, Vardhman Mahavira, the founder of Jainism is celebrated as Mahavir Jayanti every year by the Jains in Chaitra month.

And not to forget Chaitra Navratri, a festival of nine days.



Hence, Chaitra is regarded as a sacred month for the commencement of Vedic learning.

So why not start this new year tomorrow with a bang and dive into Vedas?

A Very Happy New Year to all my friends here! #HappyNewYear