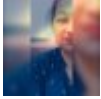


Twitter Thread by Jaya Upadhyaya



Jaya Upadhyaya

@Jayalko1



RATHA SAPTAMI: TODAY

Ratha/Arogya Saptami is dedicated to Bhagwan Surya who was born to Rishi Kashyapa and Aditi on the Saptami Tithi of Magha Shukla Paksha. So Ratha Saptami is also known as Surya Jayanti.

Today, we worship Surya for sustaining life on Earth.

@RatanSharda55



The symbolic representation of Ratha Saptami shows Surya turning his Ratha drawn by seven horses, with Arun as the charioteer, towards the northern hemisphere, in a north-easterly direction. The seven horses here represent the seven colours of the rainbow or 7 days of the week.



The chariot has 12 wheels, which represents the 12 signs (each of 30 degrees) of the Zodiac (360 degrees) and constituting a full year, named Samvatsara.

It is believed that taking a bath during Arunodaya or sunrise in a sacred river on this day can help to get rid from sins.



As per a katha, once a noble king who had no heir prayed to Prabhu and was blessed with a son. However, after his son fell terminally ill, a Rishi advised him to perform the Ratha Saptami puja. After Ratha Saptami puja, his son's health was restored and he went on to become King.

