

## Twitter Thread by Sahil Bloom



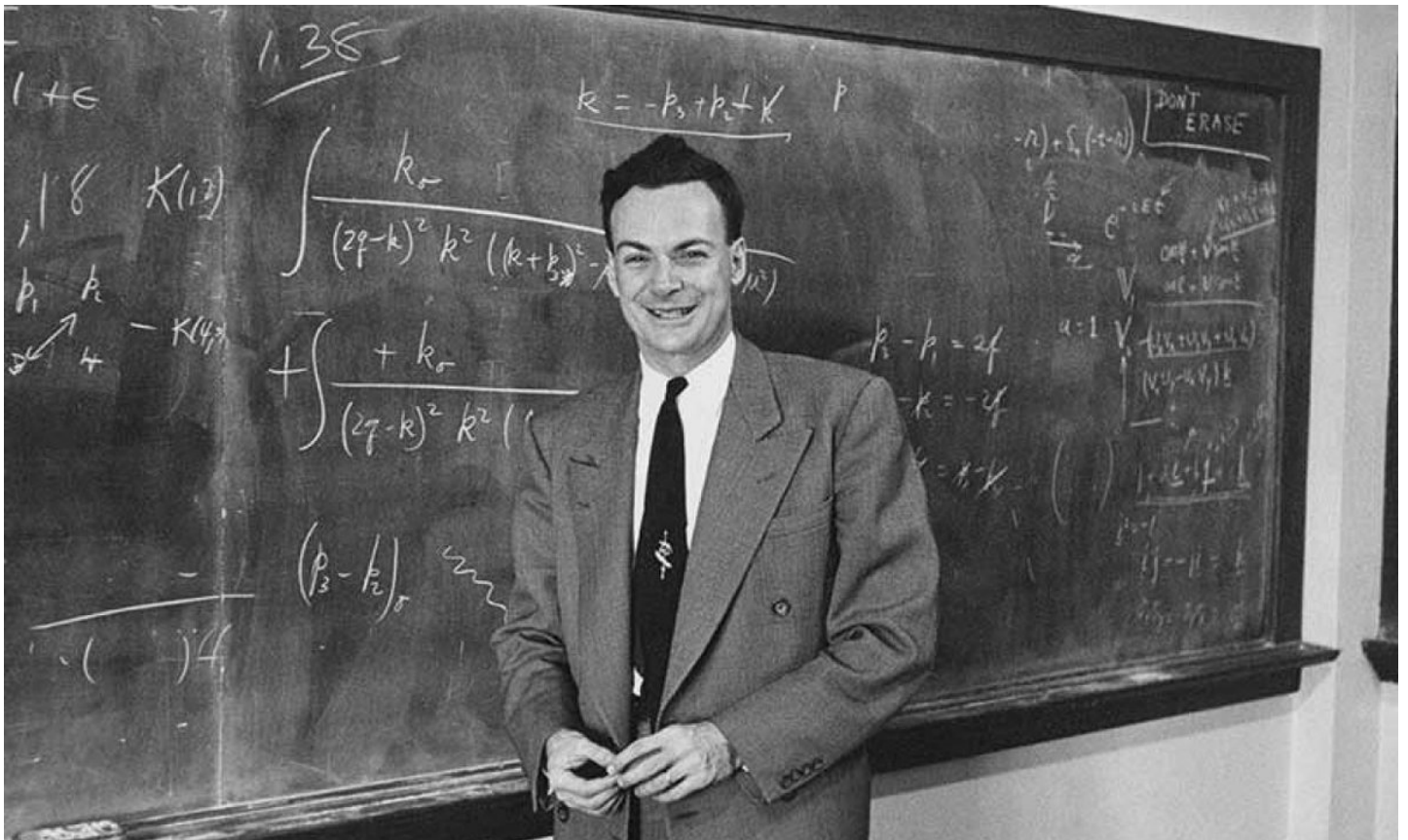
**Sahil Bloom**

@SahilBloom



**The Feynman Technique is a foundational mental model for unlocking growth in your career, startup, business, or writing.**

**A thread on how it works and how it can change your life...**



Richard Feynman was an American theoretical physicist.

He won the Nobel Prize in Physics in 1965 for his groundbreaking work in quantum electrodynamics.

Feynman's true genius, however, was in his ability to convey extremely complex ideas in simple, digestible ways.



Let's cover each step and how you can make this powerful framework work for you...

### Step 1: Identify

What is the topic you want to learn more about?

Identify the topic and write down everything you know about it.

Read and research the topic and write down all of your new learnings (and the sources of each).

This first step sets the stage for what is to come.

### Step 2: ELI5

Attempt to explain the topic to a child.

Once again, write down everything you know about your topic, but this time, pretend you are explaining it to a child.

Use simple language and terms.

Focus on brevity.

### Step 3: Reflect & Study

Reflect on your performance in Step 2.

How well were you able to explain the topic to a child? Where did you get frustrated? Where did you resort to jargon or get stuck?

These are the gaps in your understanding.

Read and study to fill them.

### Step 4: Organize, Convey & Review

Organize your elegant, simple language into a compelling story or narrative.

Convey it to others. Test-and-learn. Iterate and refine your story or narrative accordingly.

Review (and respect) your new, deeper understanding of the topic.

The Feynman Technique is an incredible framework for unlocking growth.

The best entrepreneurs, writers, thinkers, and operators have leveraged this technique (directly or indirectly).

They share a common genius - the ability to convey complex ideas in simple, digestible ways.

It is easy to overcomplicate and intimidate. We all know the people - teachers, peers, bosses - who try to do this.

Do not be fooled - complexity and jargon are often used to mask a lack of deep understanding.

Remember The Feynman Technique. Find beauty in simplicity.



The Feynman Technique is a foundational mental model and learning framework.

For five more powerful mental models, see my thread below. <https://t.co/4glvZ6jVhh>

THREAD: 5 powerful mental models to help you win in a competitive world.

In investing, business, startups, writing, or life...

— Sahil Bloom (@SahilBloom) [January 18, 2021](#)

A few additional resources for more learning on the Feynman Technique:

[@ProfFeynman](#) on Twitter <https://t.co/to6chYQjWc>

The Feynman Technique by [@ShaneAParrish](#): <https://t.co/Jomg46sy2i>

@Inc Article: <https://t.co/sdRer9vefY>

The FEYNMAN technique of learning:

STEP 1 - Pick and study a topic

STEP 2 - Explain the topic to someone, like a child, who is unfamiliar with the topic

STEP 3 - Identify any gaps in your understanding

STEP 4 - Review and Simplify!

— Richard Feynman (@ProfFeynman) [July 3, 2020](#)

If you enjoyed this, follow me for more educational threads on business, money, finance, and economics. You can find all of my threads in the meta-thread below. <https://t.co/53UhhfzIcp>

1/ An Allegory of Finance

I have been posting a lot of educational (and humorous!) threads on finance, money, and economics.

My mission is simple: to demystify these concepts and make them accessible to everyone.

All of the threads can be found below. Enjoy and please share!

— Sahil Bloom (@SahilBloom) [July 18, 2020](#)

And if you are less Twitter inclined, sign up for my newsletter here, where you can find all of my old threads and receive all of my new threads directly to your inbox. <https://t.co/NEe1Tov0Xg>